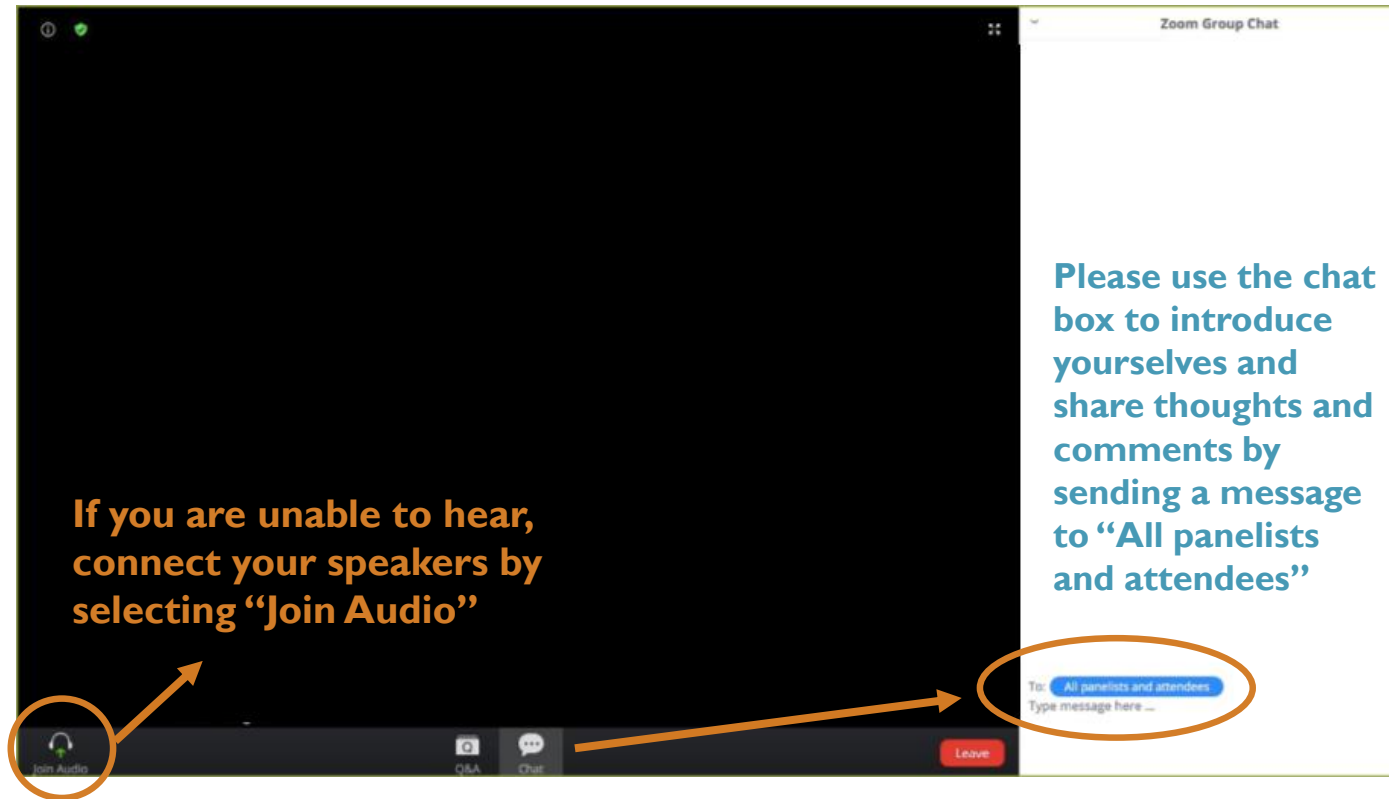


Bridging Food Security, Nutrition, and Health Issues

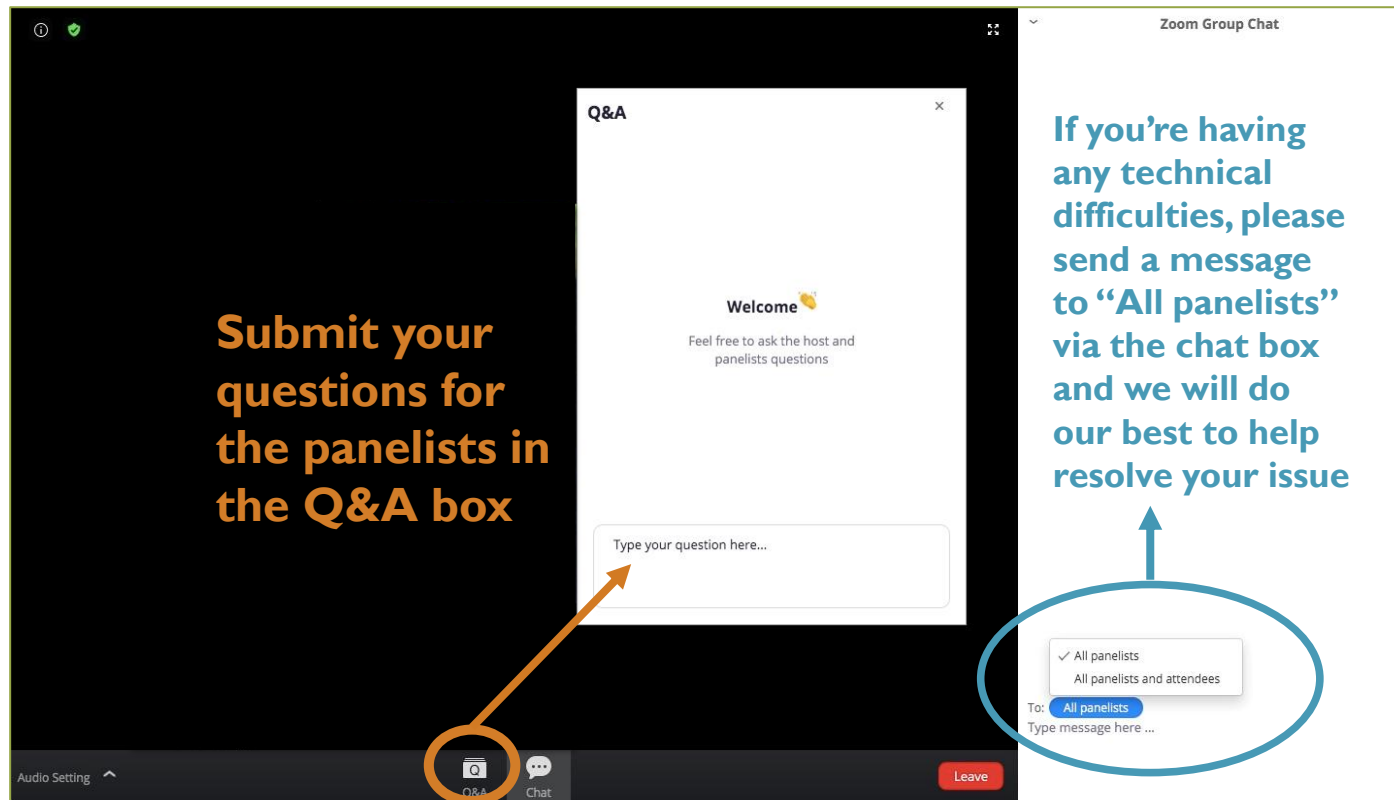
[29th August 2024]

Dr. Aliyar Cyrus Fouladkhah | Ms. Kiyana E Kelly

WELCOME TO THE ZOOM WEBINAR



Q&A AND CHAT



The screenshot shows a Zoom meeting interface with two main components: a Q&A box and a Zoom Group Chat. The Q&A box is titled "Q&A" and contains a "Welcome" message with a gold medal icon, followed by the text "Feel free to ask the host and panelists questions". Below this is a text input field labeled "Type your question here...". The Zoom Group Chat is titled "Zoom Group Chat" and contains a blue message: "If you're having any technical difficulties, please send a message to 'All panelists' via the chat box and we will do our best to help resolve your issue". Below the message is a dropdown menu with two options: "All panelists" (selected) and "All panelists and attendees". Below the dropdown is a text input field labeled "Type message here ...".

Submit your questions for the panelists in the Q&A box

If you're having any technical difficulties, please send a message to "All panelists" via the chat box and we will do our best to help resolve your issue



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Dr. Lynne M. Ausman

- Saqr Bin Mohammed Al Qasimi Professor in International Nutrition
- Professor at the Friedman School of Nutrition Science and Policy
- Scientist, Cardiovascular Nutrition Laboratory, HNRCA
- Adjunct Professor, Family Medicine and Consumer Health, Tufts University School of Medicine



Dr. Aliyar Fouladkhah

- Assistant Professor, College of Agriculture, Human, and Natural Sciences
- Director, Public Health Microbiology Laboratory
- Tennessee State University

The MSI Student Working Group Presents

Bridging Food Security, Nutrition, and Health Issues

Zoom Webinar | Thursday, August 29th, 2024 | 10:00-11:00AM (CST)

**The MSI Student Working Group is a student-led group created by the Feed the Future Food Systems for Nutrition Innovation Lab & the 1890 Universities Foundation.*



Aliyar Cyrus Fouladkhah, PhD,MS,
MPH, MACE, CFS, CPH

Faculty Director, Public Health Microbiology
Foundation, Process Authority
Board Certified in Public Health



Kiyana E. Kelly, MPA

Director, Center of Excellence
for Nutrition, Health, Wellness
and Quality of Life

MODERATORS

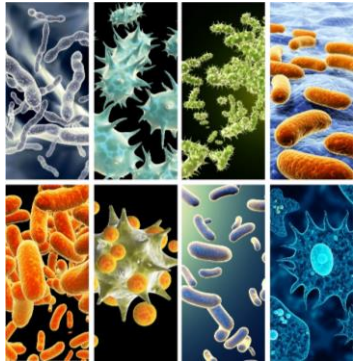


ANJULA SWATHI
Tennessee State University



DIVINE BOKA
Tennessee State University

Impact of Climate Change on Food Security and Crop Nutrition



Aliyar Cyrus Fouladkhah, PhD, MS, MPH, CFS, CPH
Associate Professor, Tennessee State University
Faculty Director, Public Health Microbiology Laboratory
Founding Director, Public Health Microbiology Foundation

August 29, 2024, Via Zoom



**Public Health Microbiology™
Foundation**
Dr. Aliyar Cyrus Fouladkhah



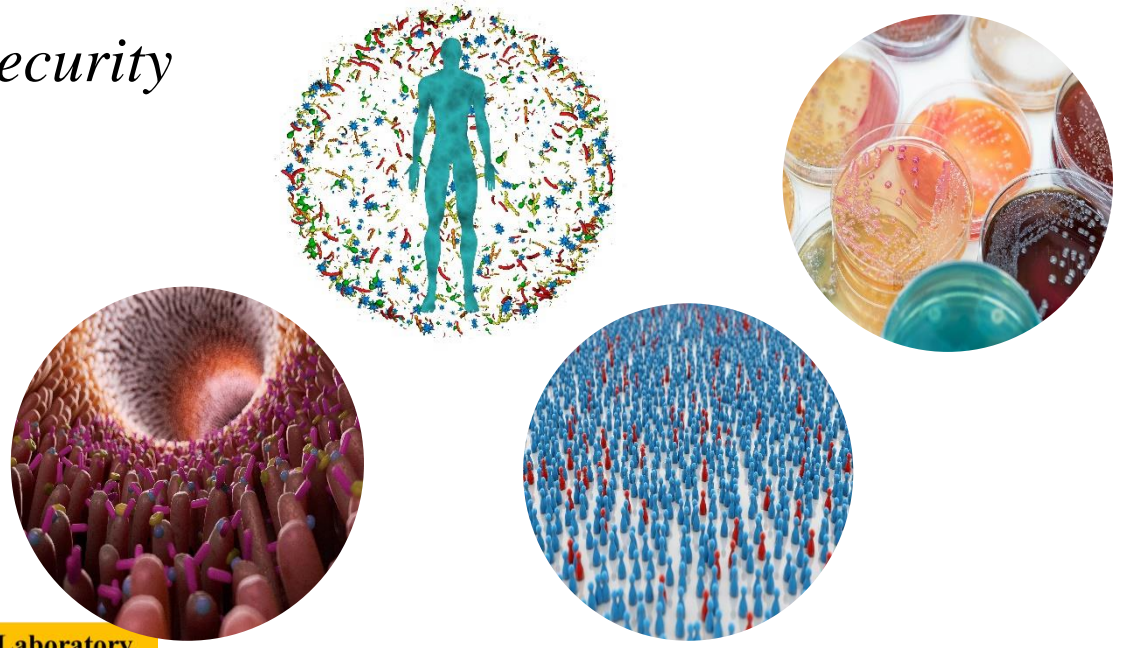
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Presentation Content

Part I: *Epidemiology of Foodborne and Waterborne Diseases*

Part II: *Impact of Climate Change on Food Security*

Part III: *Impact Analysis (134,592 reach)*



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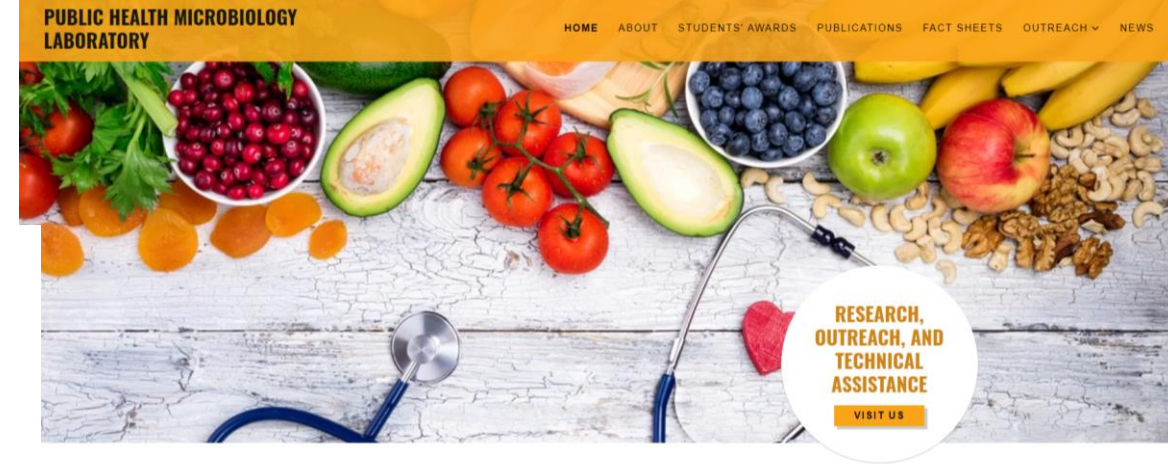
Editorial
Safety of Food and Water Supplies in the Landscape of Changing Climate

Aliyar Cyrus Fouladkhan^{1,*}, Brian Thomp²



Editorial
The Threat of Antibiotic Resistance in Changing Climate

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 janey.camp@vanderbilt.edu



RESEARCH,
 OUTREACH, AND
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 VISIT US

PROSPECTIVE STUDENTS, EDUCATORS, AND STAKEHOLDERS

If you would like to pursue your education in Public Health Microbiology area, need education material for your outreach events, or would need assistance to assure safety of your operation would be pleased to hear from you.

Biology | Aliyar Fouladkhan

Changing climate

A 'threat multiplier' for foodborne and waterborne infectious diseases and antibiotic resistance

Dr Aliyar Cyrus Fouladkhan of Tennessee State University is an Assistant Professor in Public Health Microbiology. His laboratory explores preventive measures for the spread of infectious diseases, antibiotic resistance, and food security in the landscape of changing climate. His research aims to provide better understanding of the ecology, epidemiology and effectiveness of control measures of enteric and environmental pathogens at planktonic and biofilm stages.

According to the U.S. Centers for Disease Control and Prevention, achieving safe and healthier foods is one of the top ten achievements of 20th century public health. Despite the marked progress, considerable challenges remain to further assure the safety and security of food and water supplies, with one in six adults in the United States experiencing illness from foodborne pathogens in a typical year. Foodborne diseases cause an estimated 420,000 deaths worldwide each year. Furthermore, climate change is expected to enhance the spread of infectious

in Guatemala, Dominican Republic, and South Africa.

THE ROLE OF CLIMATE CHANGE
 Microbial pathogens have an incredible ability to evolve and move towards 'fitness' in response to changes in their environment. Climate change will have pronounced effects on the proliferation, survival, and spread of microbial pathogens, and thus on the prevalence of foodborne and waterborne diseases. More than 200 diseases, known to be transmitted through contaminated food and water, may provide examples

of these treatments is diminishing, with resistance in many of the common bacterial pathogens now categorised as a public health threat.

Dr Fouladkhan comments that, although there is a focus on identifying new classes of antibiotics, this strategy alone is not sufficient to alleviate the public health challenge of antibiotic resistance. He emphasizes that a holistic 'one health' approach should be embraced, which includes limiting the use of current antibiotics to those individuals with dire need for antibiotic therapies and incorporating evidence-based stewardship programmes such as susceptibility testing and watchful waiting in hospitals. This also requires eliminating or minimising the prophylactic and sub-therapeutic use of antibiotics in animal husbandry as the spread of antibiotic resistance in animal populations could be very closely associated with human health complications. Additionally, continuing the search for new antibiotics and antimicrobials, implementing food and water, may provide examples



Extramural Funding: >\$3.4M since 2015

- ❖ Pressure BioScience Inc.: **\$35,000** (Role: **PD**, 2019-2024)
- ❖ USDA-NIFA CBG: **\$350,000** (Role: **PD**, 2018-2022)
- ❖ USDA-NIFA HEC: **\$50,000** (Role: **PD**, 2018-2021)
- ❖ USDA-NIFA FSOP: **\$165,000** (Role: **PD**, 2018-2021)
- ❖ Pressure BioScience Inc.: **\$23,500** (Role: **PD**, 2017-2019)
- ❖ USDA-NIFA FSOP: **\$59,750** (Role: **PD**, 2016-2019)
- ❖ Pressure BioScience Inc.: **\$9,400** (Role: **PD**, 2017-2019)
- ❖ NIFA FSOP.: **\$880,000** (Role: **CO-PD**, 2019-2023)**
- ❖ USDA-NIFA FSOP.: **\$1,197,751** (Role: **CO-PD**, 2015-2020)**
- ❖ NIFA CBG.: **\$300,000** (Role: **CO-PD**, 2018-2022)

*Pending account setting and internal administrative approval.
 ** Sub-awardee of Southern Center Main Awards.



Outreach Article Available at:

<https://researchoutreach.org/articles/changing-climate-threat-multiplier-foodborne-waterborne-infectious-diseases-antibiotic-resistance/>

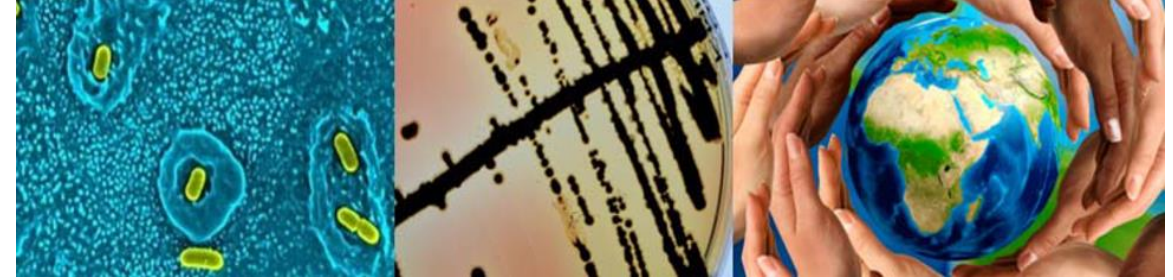


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Part I: *Epidemiology of Foodborne Diseases*



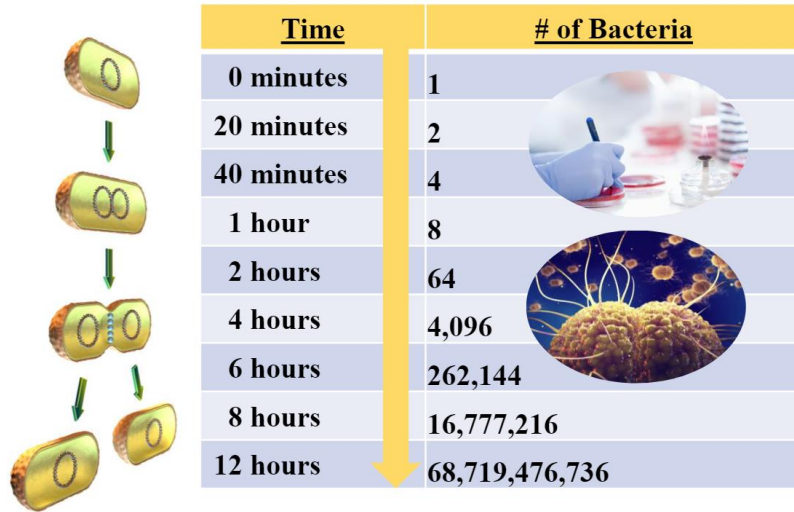
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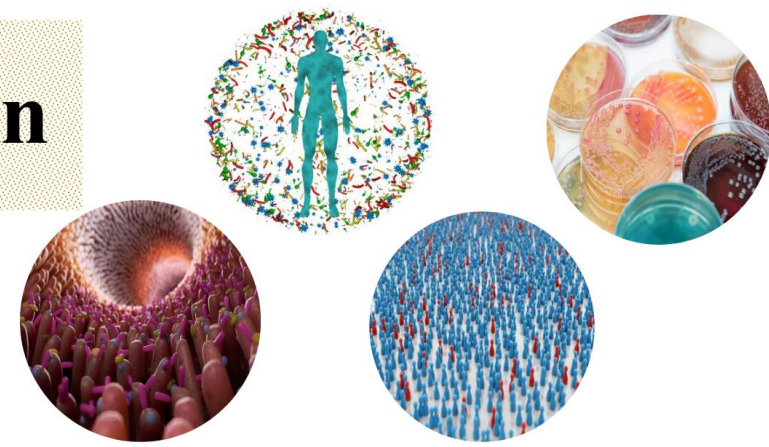
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Bacterial Multiplication

Binary Fission: 20 minutes or less when intrinsic and extrinsic factors are optimal.



Information and photos are modified and adopted from BBB of Food and Drug Administration, BAM Resources of Centers for Disease Control and Prevention. Photo Courtesy: Adobe Stock (standard license of photos purchased by the Public Health Microbiology laboratory)



| Bacteria | Estimated Infective Dose* |
|--------------------------------------|---------------------------|
| <i>Salmonella</i> serovars | <10 cells |
| Shiga toxin-producing <i>E. coli</i> | 10 to 100 cells |
| <i>Cronobacter sakazakii</i> | 10 to 100 cells |
| <i>Listeria monocytogenes</i> | <1000 cells |
| <i>Campylobacter</i> spp. | 5000 to 10,000 cells |
| <i>Staphylococcus aureus</i> | >100,000 cells |
| <i>Vibrio cholerae</i> | 1,000,000 cells |

* Calculated for oral ingestion based on epidemiological data from outbreaks and human feeding trials of volunteers. Data obtained from BBB of Food and Drug Administration (2nd edition).

Public Health Microbiology Laboratory: Education, Research, Outreach, and Technical Assistance: <https://publichealthmicrobiology.education/>



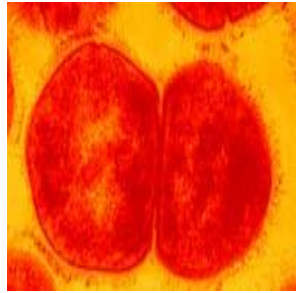
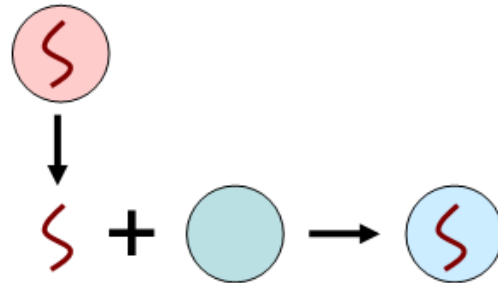
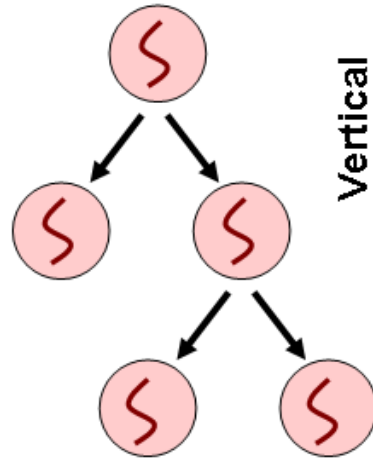
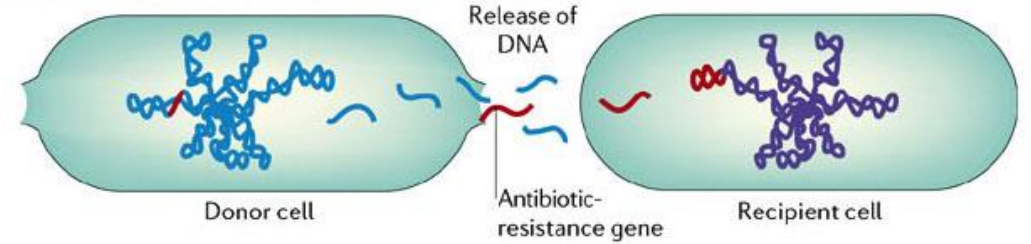


Photo Courtesy:
http://www.daviddarling.info/encyclopedia/B/binary_fission.html

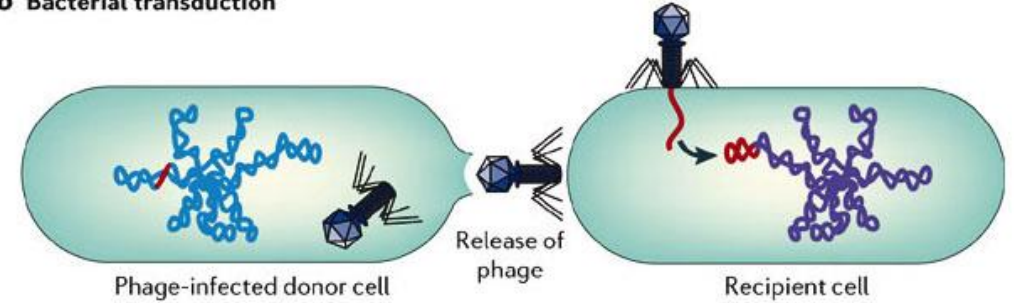


Horizontal

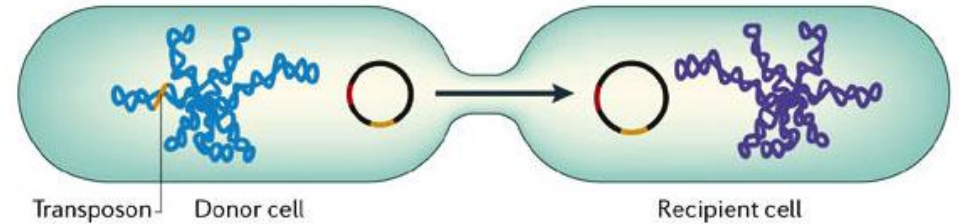
a Bacterial transformation



b Bacterial transduction



c Bacterial conjugation

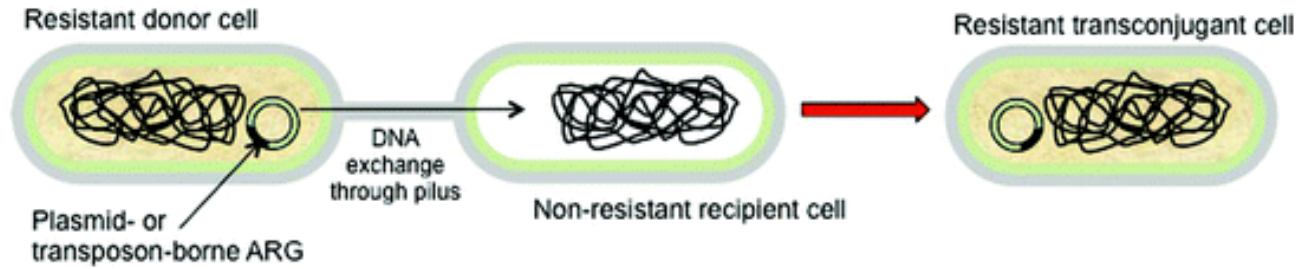


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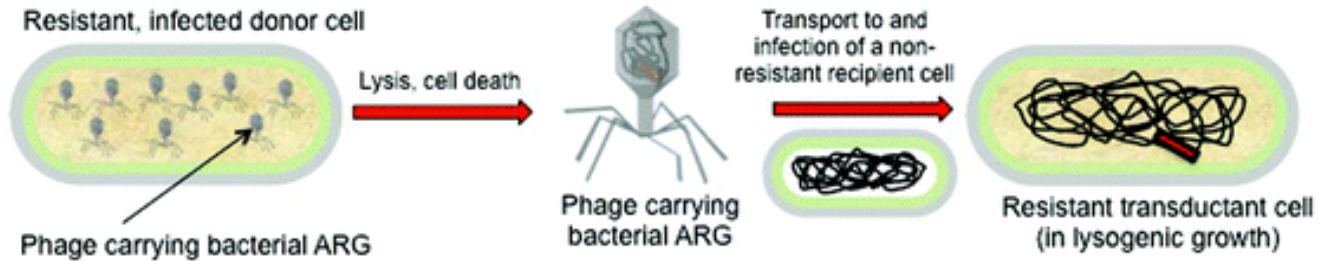


Horizontal Gene Transfer

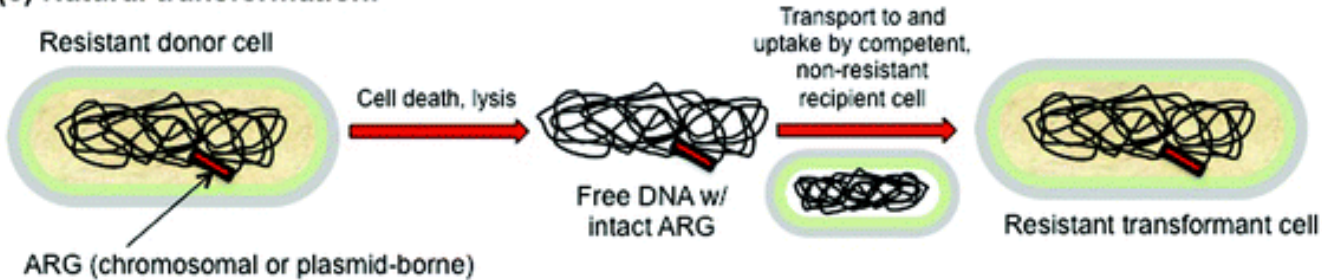
(a) Conjugation:



(b) Transduction:



(c) Natural transformation:



Donn, 2012





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Planktonic cells and Biofilm Communities

Biofilm formation on **biotic** and **abiotic** surfaces

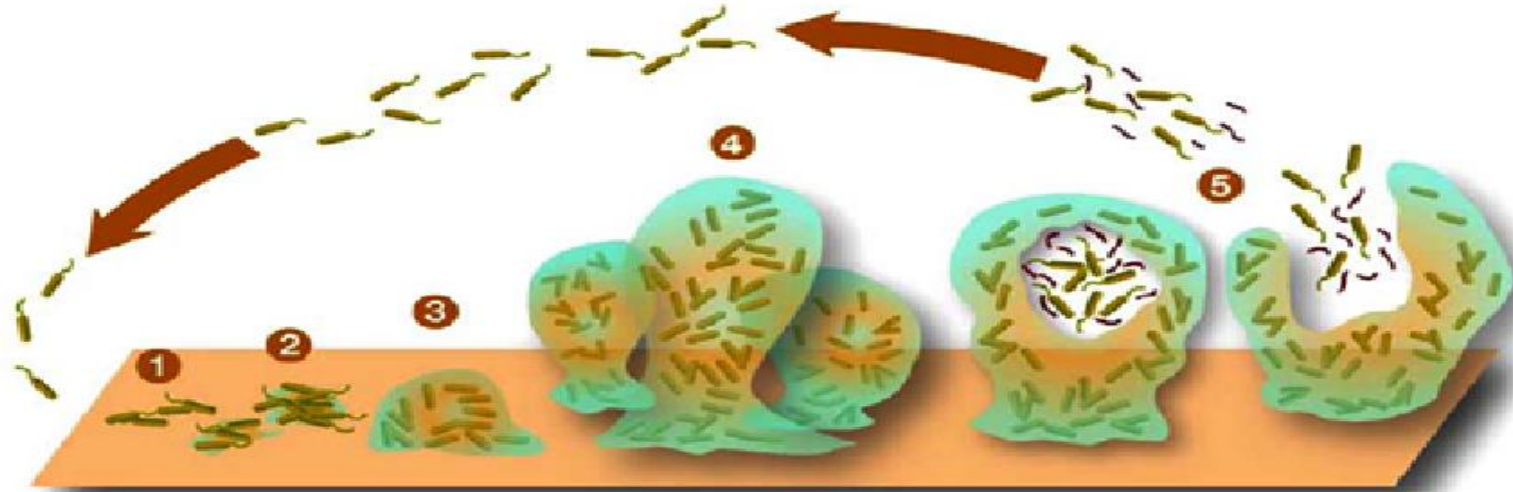
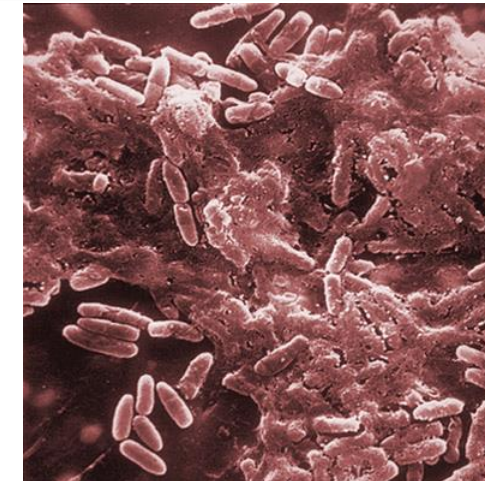
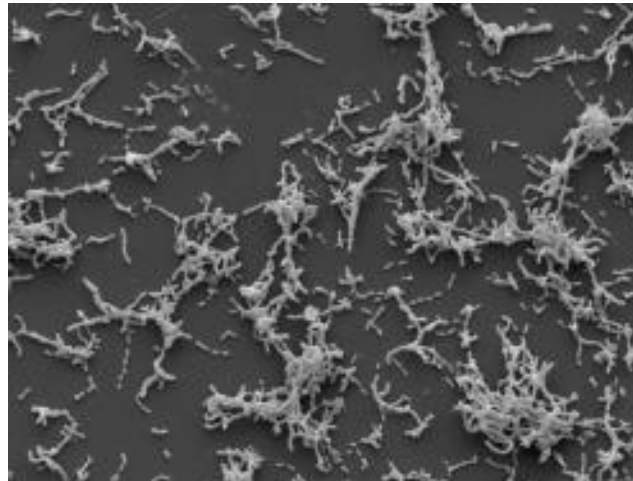
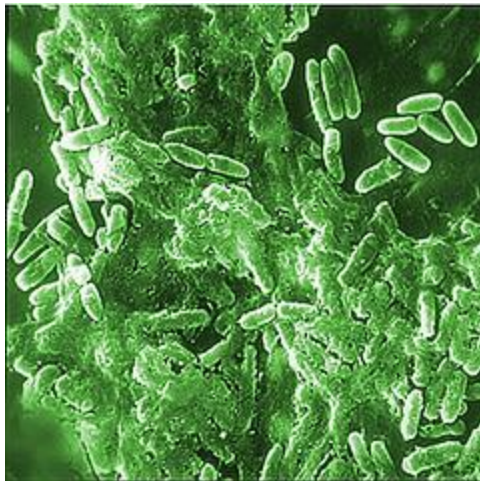


Photo Courtesy: <http://prometheus.matse.illinois.edu/glossary/biofilms/>

Photo Courtesy: <http://micro-writers.egybio.net/blog/?tag=antibiotic-resistance>

Photo Courtesy: http://www.ifenergy.com/50226711/bioosting_microbial_fuel_cells_with_biofilm.php

Photo Courtesy: <http://www.microbiologybytes.com/blog/category/biofilms/>



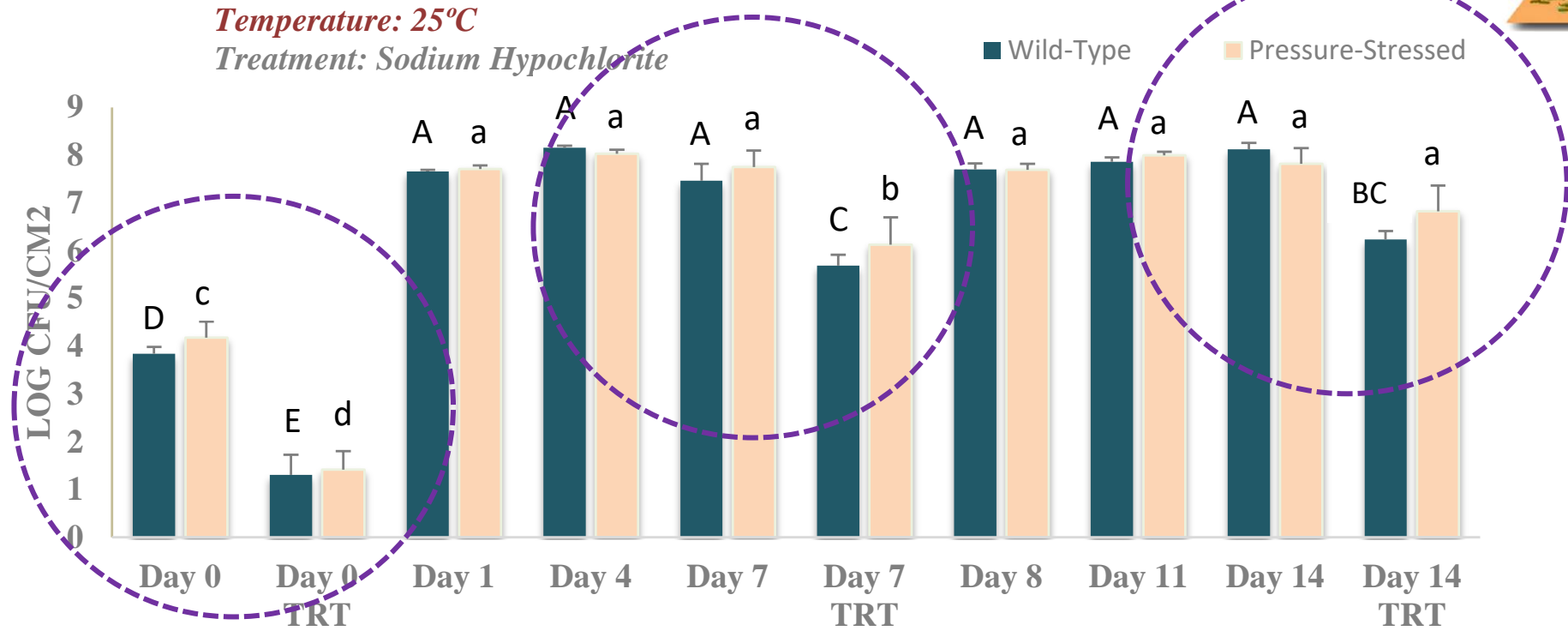
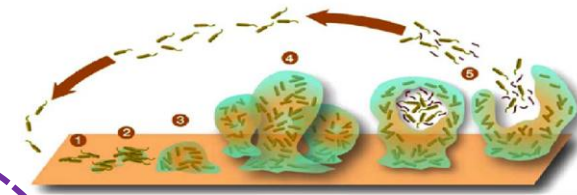
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Biofilm Formation and Decontamination of Wild-Type and Pressure-Stressed *Cronobacter Sakazakii*

Temperature: 25°C
Treatment: Sodium Hypochlorite

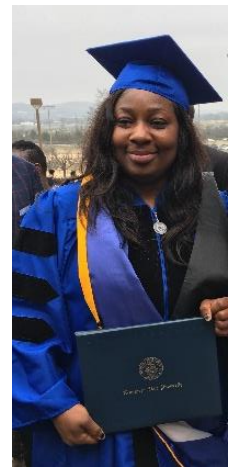


Planktonic cells

DAYS AND TREATMENT (MEAN±SE)

One-week-Mature Biofilm

Two-week-Mature Biofilm



Allison et al., 2020



Shiga toxin producing *E. coli*, not antibiotic treatment due to Quorum Sensing Concerns

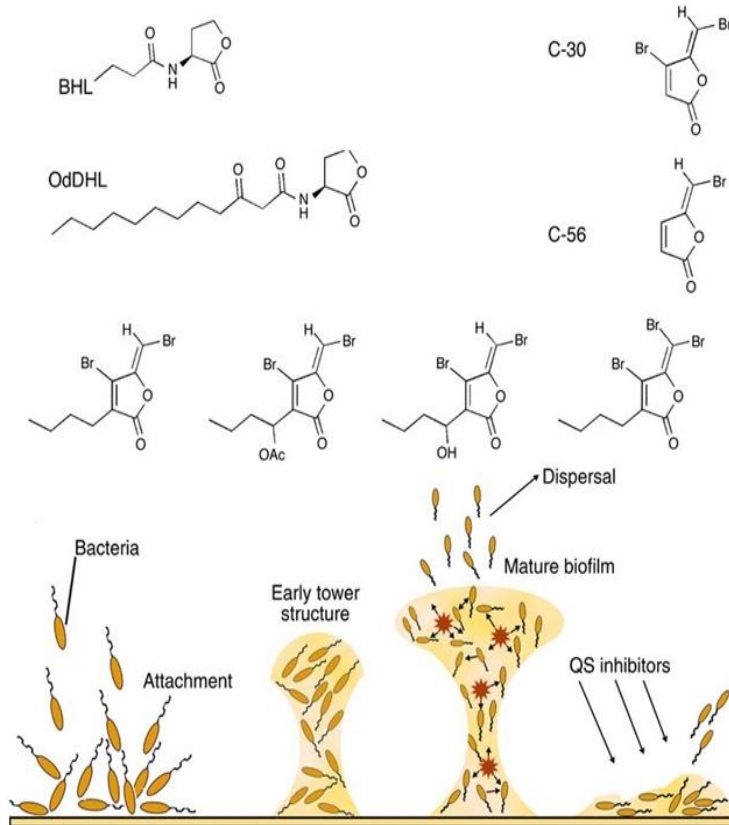


Photo Courtesy: <http://www.jci.org/articles/view/20074/figure/2>

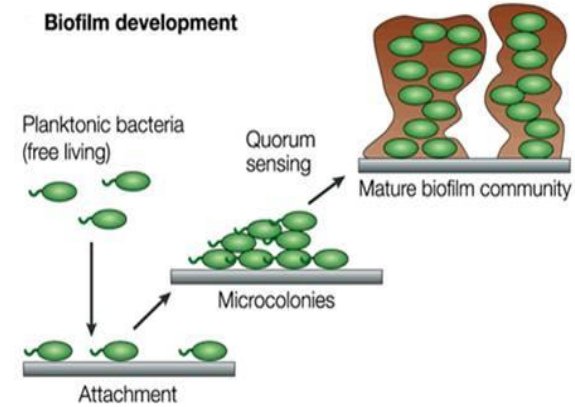


Photo Courtesy: <http://labrat.fieldofscience.com/2010/07/quorum-sensing-and-biofilms.html>

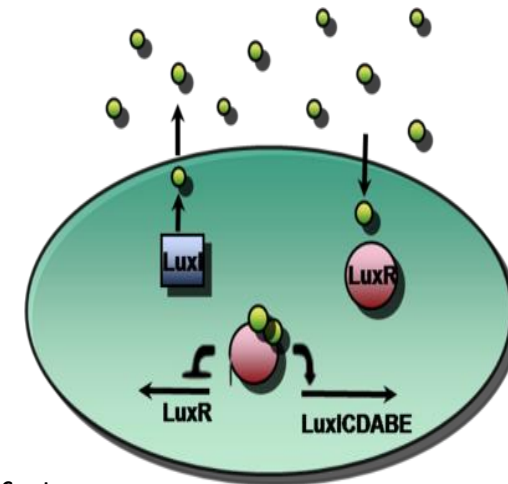


Photo Courtesy: http://2009.igem.org/Team:Aberdeen_Scotland/WetLab/quorumsensing



Infectious Diseases is a Moving Target...

- It is estimated only 1% of microbial community has been identified.
- Currently **etiological agent** of 80.3% of foodborne illnesses, **56.2% of hospitalization**, and 55.5% of deaths remain unknown (in a typical year, Scallan et al., 2011).

4.5 Billion, 3.5 Billion years
100,000 to 300,000 years

“Emerging” Pathogens:

- Vertical and horizontal gene transfer spores and biofilm formation
- Quorum sensing and cell to cell communication

“It is the microbes who will have the last word.”
-Louis Pasteur

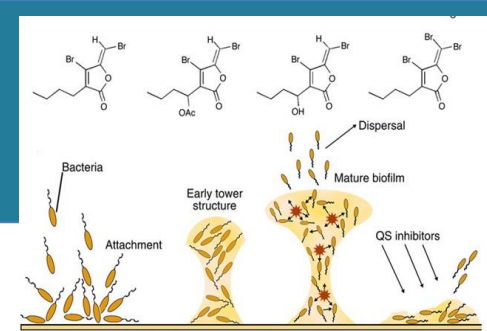
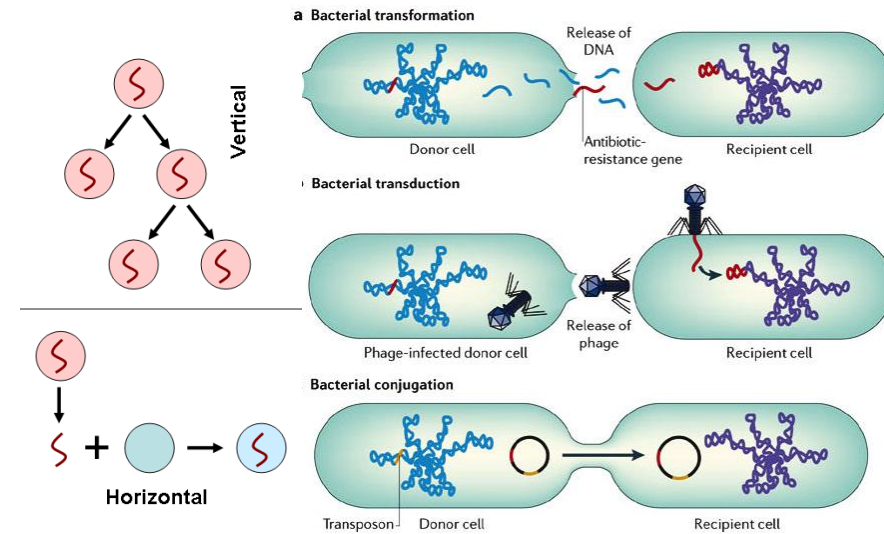
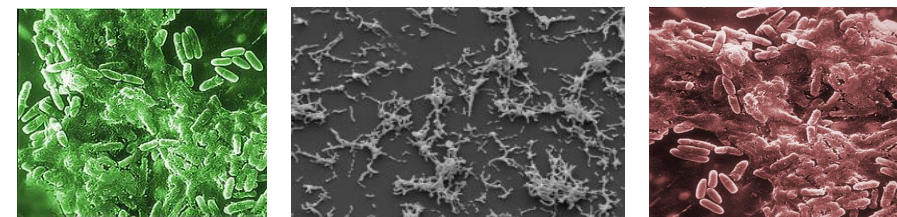


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http://www.ifenergy.com/50226711/boosting_microbial_fuel_cells_with_biofilm.php
<http://micro-writers.egybio.net/blog/?tag=antibiotic-resistance>





Epidemiology of Foodborne Diseases in the United States

Based on data from 1990s: (Mead et al., 1999)

76 million illnesses, 323,000 hospitalizations, 5,200 deaths in the United States.

More recent estimates show: (Scallan et al., 2011)

- 47.8 million illnesses, 127,839 hospitalizations, and more than **3,037** deaths in the United States. (c. **1.7M cases 300K deaths/year of sepsis**)
- 9.4 million illnesses, 55,961 hospitalizations, and 1,351 deaths are cause by 31 known foodborne agents.
- In addition to consumer insecurity, foodborne diseases cause around **\$77.7 billion** for losses in productivity and economical losses.
(2021 GPD of Jamaica 14.7 Billion)
- Approximately 30% of population are especially “at risk” for foodborne diseases (The YOPI’s: The young, the old, Pregnant, and Immunocompromised)



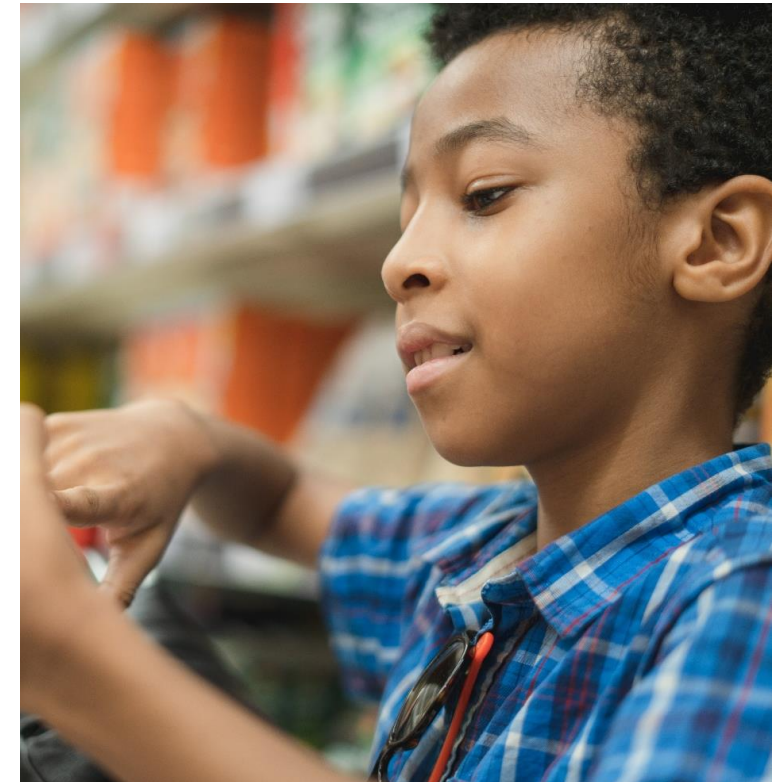
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Significant foodborne pathogens... *based on Mead et al., 1999 and Scallan et al., 2011 studies*

- **Leading etiological agents for illnesses:** *Norovirus* (58%), Nontyphoidal *Salmonella* serovars (11%), *Clostridium perfringens* (10%), and *Campylobacter* spp (9%).
- **Leading etiological agents for hospitalization:** Nontyphoidal *Salmonella* serovars (35%), *Norovirus* (26%), *Campylobacter* spp (15%), and *Toxoplasma gondii* (8%).
- **Leading etiological agents for death:** Nontyphoidal *Salmonella* serovars (28%), *T. gondii* (24%), *Listeria monocytogenes* (19%), and *Norovirus* (11%).



Photos Courtesy: Adobe Stock, royalty purchased (standard license) by public health microbiology laboratory



Signs and Symptoms of Foodborne Diseases

- Mild illness (no medical care sought)
- **Guillain–Barré syndrome** (*Campylobacter* and *Salmonella*)
- **Post-infectious irritable bowel syndrome** (*Campylobacter* and *Salmonella*)
- **Reactive arthritis** (*Campylobacter* and *Salmonella*)
- **Haemolytic uraemic syndrome** (*E. coli* O157)
- **End-stage renal disease** (*E. coli* O157)
- Death



Disability adjusted life year

(DALY). *DALY: Loss of life and health due to illness*

Non-typhoidal *Salmonella* (329000)

Toxoplasma (32700)

Campylobacter (22500)

Norovirus (9900)

Listeria monocytogenes (8800)

Clostridium perfringens (4000)

Escherichia coli O157 (1200)

62% bacterial agents; 29% parasitic agents; 9% viral agents

One DALY can be thought of as one **lost year of "healthy" life.**

DALY = YLL + YLD

YLL: Years of Life Lost (YLL) due to **premature mortality** in the population

YLD: Years Lost due to Disability (YLD) for **people living with the health condition**

Source: WHO, 2019



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National-wide and Regional Foodborne Episodes

- Centers for Disease Control and Prevention: Foodborne diseases episodes 1998 to 2019.

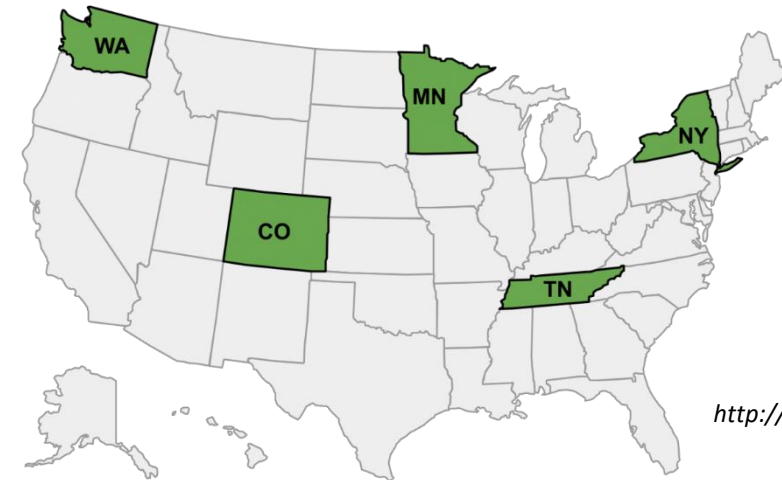
*Etiological agents for Tennessee episodes:
>200 species of bacteria, viruses, parasites, and chemical toxins.

| Total | Outbreaks | Illness | Hospitalization | Deaths |
|-------------|-----------|---------|-----------------|--------|
| Nation-wide | 36,680* | 999,364 | 25,332 | 1,404 |
| California | 1,154 | 29,642 | 4,257 | 123 |
| Tennessee | 982 | 39,005 | 3,717 | 104 |
| Colorado | 1098 | 37,429 | 323 | 8 |

| Per 100K | Outbreaks | Illness | Hospitalization | Deaths |
|-------------|-----------|---------|-----------------|--------|
| Nation-wide | 11.1 | 304.5 | 7.7 | 0.4 |
| California | 2.9 | 75.0 | 10.7 | 0.3 |
| Tennessee | 14.4 | 571.2 | 54.4 | 1.5 |
| Colorado | 1.90 | 64.99 | 0.56 | <0.02 |



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™



Data source:
<http://www.cdc.gov/foodborneoutbreaks/>



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Water Safety Study



Article

Fate and Biofilm Formation of Wild-Type and Pressure-Stressed Pathogens of Public Health Concern in Surface Water and on Abiotic Surfaces

Md Niamul Kabir ¹, Sadiye Aras ¹, Sabrina Wadood ¹, Shahid Chowdhury ¹ and Aliyar Cyrus Fouladkhah ^{1,2,*}

¹ Public Health Microbiology Laboratory, Tennessee State University, Nashville, TN 37209, USA; mkabir@my.tnstate.edu (M.N.K.); saras@my.tnstate.edu (S.A.); swadood@tnstate.edu (S.W.); schowdh1@tnstate.edu (S.C.)

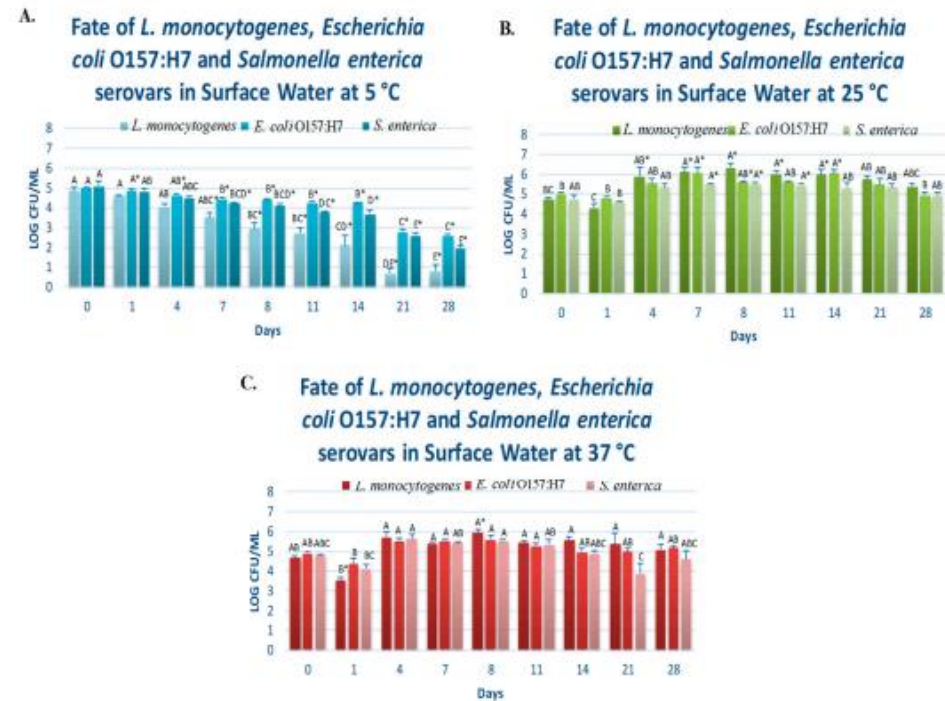
² Cooperative Extension Program, Tennessee State University, Nashville, TN 37209, USA

* Correspondence: aliyar.fouladkhah@aya.yale.edu; Tel.: +1-970-690-7392

Received: 18 February 2020; Accepted: 11 March 2020; Published: 13 March 2020

Public Health Burden of Waterborne Diseases

17 waterborne pathogens cause estimated: (Collier et al., 2021)
601,000 **illness**; 118,000 **hospitalization**; 6,630 **deaths**,
and cost the economy up to \$ 8.77 **billions**.



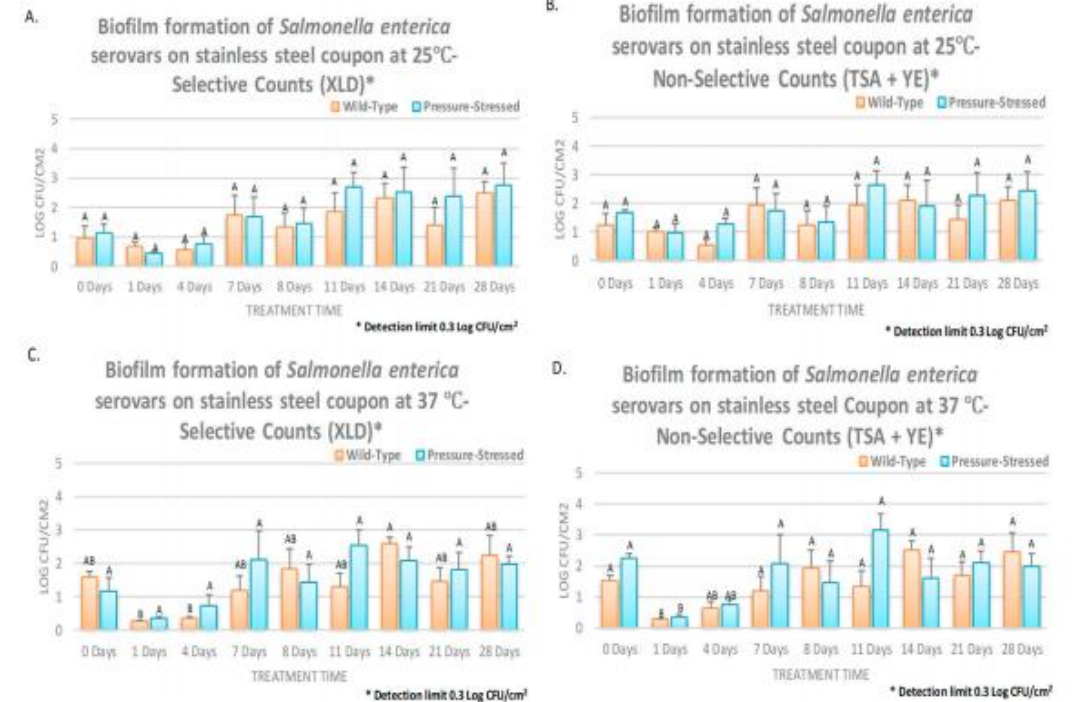
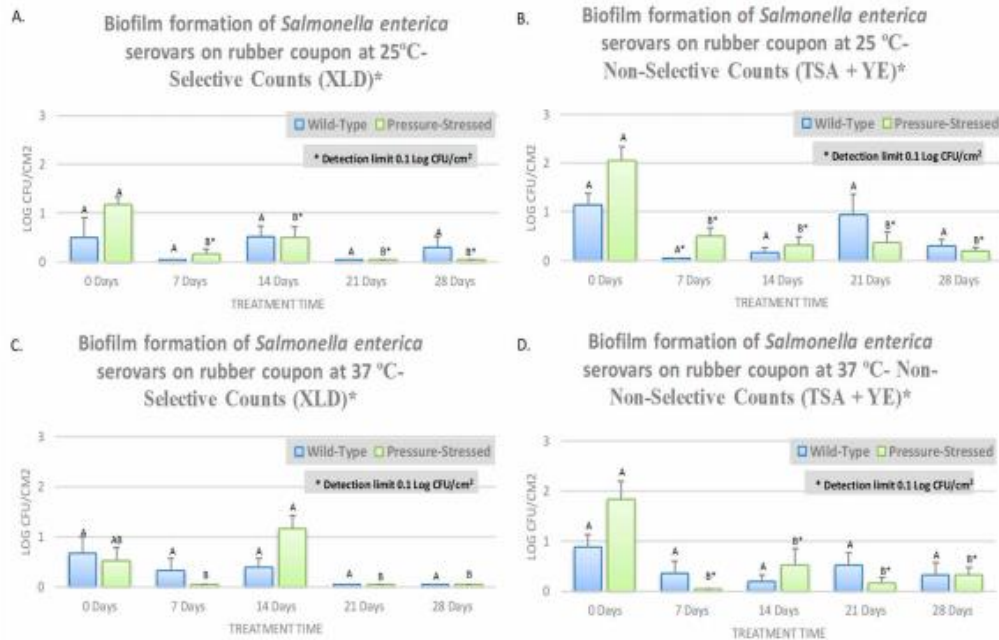
Water Safety Study- Biofilm Formation on Abiotic Surfaces

Microorganisms 2020, 8, 408

9 of 14

Microorganisms 2020, 8, 408

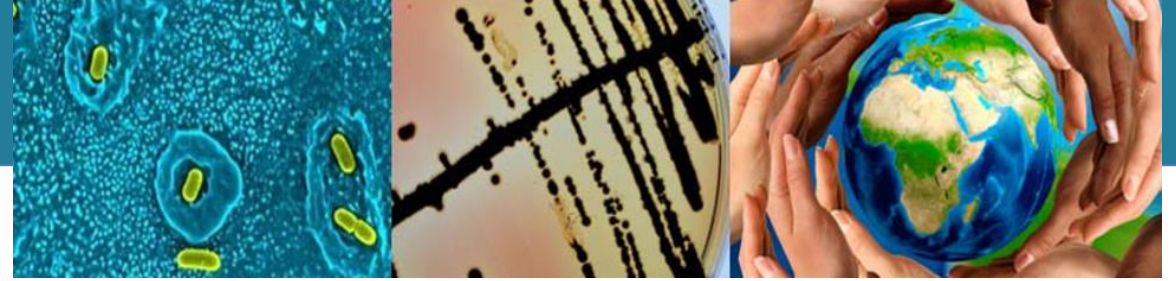
11 of 14





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Part II: *Impact of Climate Change on Food Security*



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Salmonella serovars (Non-typhoidal)



- **Annual illness (death): 1,027,561 (378) in humans**
- **Infection** causes nausea, vomiting, diarrhea, fever, headache
- **Primary sources:** Intestinal tract of people and animals
- **Transmitted by** meat, poultry, eggs, raw milk, unpasteurized juice, many other foods (nuts, spices, produce, chocolate, flour)
- **Contributing factors:** cross-contamination, undercooked food, poor agricultural practices

| Growth parameters | Minimum | Optimum | Maximum |
|-------------------|--|--------------------|----------------|
| Temperature | 41°F (5.2°C) | 95-109°F (35-43°C) | 115°F (46.2°C) |
| pH | 3.7 | 7-7.5 | 9.5 |
| a _w | 0.94 | 0.99 | >0.99 |
| Other | Non-spore former | | |
| Atmosphere | Facultative - grows with or without oxygen | | |

Sources: ICMSF 1995 and Bad Bug Book 2nd edition, Scallan et al., 2011, and FSPCA



Climate Change and Public Health Microbiology

Non-typhoidal *Salmonella enterica* serovars

- **Global death:** 50,000 global death in 2010 (WHO, 2020)
- **Public Health Burden in the U.S.:** >1 million annual cases in 2011 (CDC, 2011)

Climate Change:

- **1 °C increase : 5 to 10% increases in Salmonellosis (WHO, 2010)**
- 2500 to 5000 additional global death
- 50,000 to 100,000 U.S. morbidity

At our current rate (2021 IPCC report)

- >1.5 °C by 2040
- >4.8 °C by 2100



Biology | Aliyar Fouladkhah

Changing climate

A 'threat multiplier' for foodborne and waterborne infectious diseases and antibiotic resistance

Dr Aliyar Cyrus Fouladkhah of Tennessee State University is an Assistant Professor in Public Health Microbiology. His laboratory explores preventive measures for the spread of infectious diseases, antibiotic resistance, and food security in the landscape of changing climate. His research aims to provide better understanding of the ecology, epidemiology and effectiveness of control measures of enteric and environmental pathogens at planktonic and biofilm stages, including several foodborne and waterborne bacteria. His work contributes to

According to the U.S. Centers for Disease Control and Prevention, achieving safe and healthier foods is one of the top ten achievements of 20th century public health. Despite the marked progress, considerable challenges remain to further assure the safety and security of food and water supplies, with one in six adults in the United States experiencing illness from foodborne pathogens in a typical year. Foodborne diseases cause an estimated 420,000 deaths worldwide each year. Furthermore, climate change is expected to enhance the spread of infectious diseases since changes in environmental temperatures appreciably augment the multiplication of bacterial pathogens.

In Guatemala, Dominican Republic, and South Africa.

THE ROLE OF CLIMATE CHANGE

Microbial pathogens have an incredible ability to evolve and move towards 'fitness' in response to changes in their environment. Climate change will have pronounced effects on the proliferation, survival, and spread of microbial pathogens, and thus on the prevalence of foodborne and waterborne diseases. More than 200 diseases, known to be transmitted through contaminated food and water, may provide examples of the effects of climate change on the magnitude of infectious diseases. One example of this is salmonellosis,

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Editorial Safety of Food and Water Supplies in the Landscape of Changing Climate

Aliyar Cyrus Fouladkhah^{1*}, Brian Thompson² and Janey Smith Camp³

¹ Public Health Microbiology Laboratory, Tennessee State University, Nashville, TN 37209, USA

² School of Public Health, Yale University, 60 College St, New Haven, CT 06510, USA; brian.thompson@yale.edu

³ Department of Civil and Environmental Engineering, Vanderbilt University, Nashville, TN 37235, USA; janey.camp@vanderbilt.edu

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In response to evolving environmental, production, and processing conditions, microbial communities have tremendous abilities to move toward increased diversity and fitness by various pathways such as vertical and horizontal gene transfer mechanisms, biofilm formation, and quorum sensing [1,2]. As such, assuring the safety of water and food supplies from various natural and anthropogenic microbial pathogens is a daunting task and a moving target. Recent outbreaks of *Listeria monocytogenes* in South Africa associated with a ready-to-eat product (affecting close to 1000 individuals) and the 2018 outbreak of Shiga toxin-producing *Escherichia coli* O26 associated with ground meat in the United States (leading to the recall of more than 132,000 pounds of products) are bitter reminders of the devastating influences of foodborne diseases on the public health and food manufacturing [3,4].

Recent epidemiological studies of world populations indicate that 420,000 people lose their lives every year due to foodborne diseases, with around one-third of those being 5 years of age or younger. It is further estimated that every year, 1 in 10 individuals experience foodborne diseases around the globe, leading to an annual loss of 33 million healthy life years [5]. These episodes of food and water

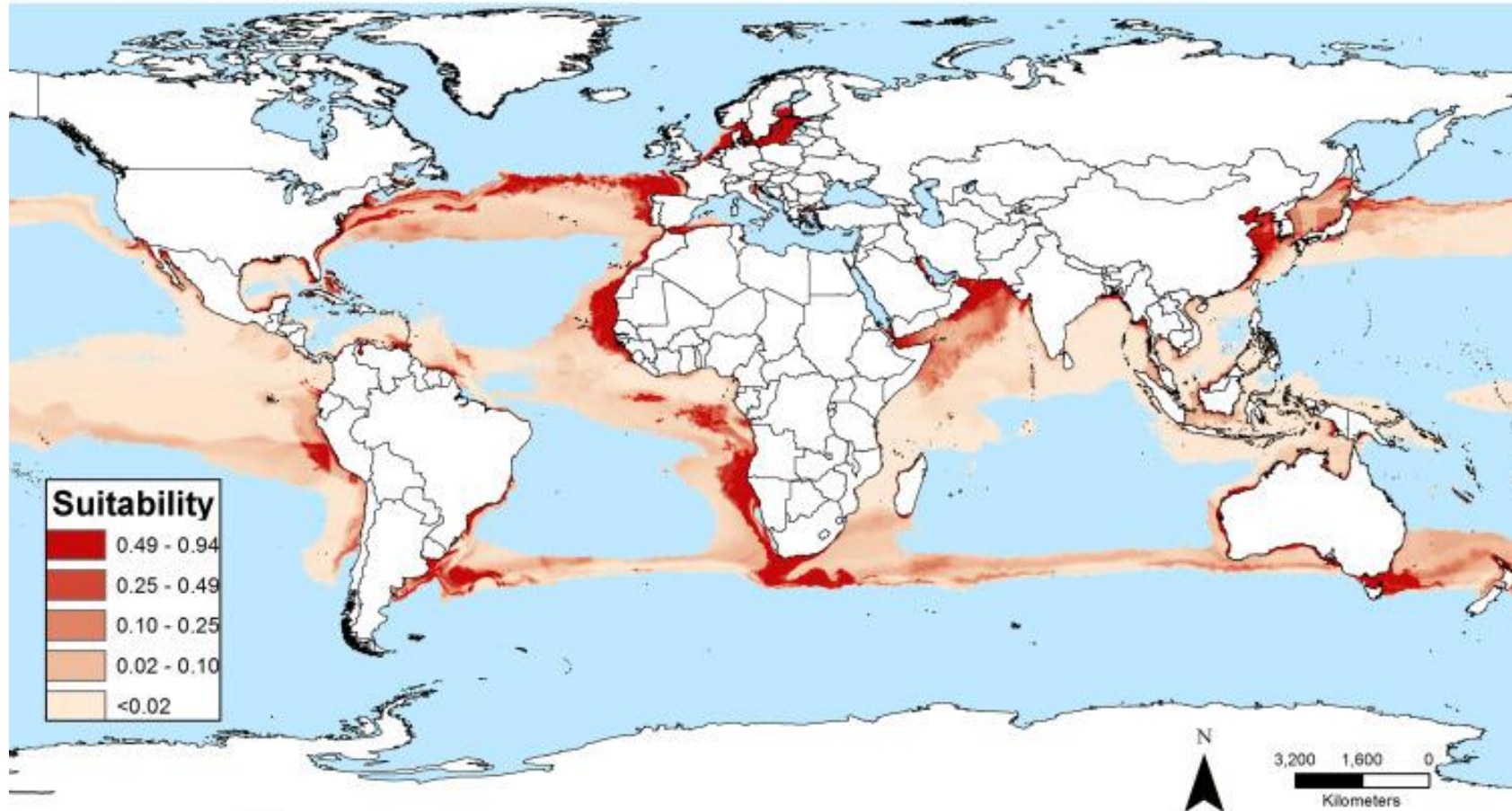
Currently 760,000 global illness/24,000 death per year.

- Causing about **80,000 illness and 100 death** annually in the United States.
- **Infection symptoms** vary depending on strain, ranging from diarrhea to high fever
- Vibrio is a **halophilic bacterium** and is a major concern in aquaculture industry
- **Primary sources:** Salt water environments and seafood
- Requires salt to reproduce (halophile)

| Growth parameters | Minimum | Optimum | Maximum |
|-------------------|--|-------------|------------------|
| Temperature | 41°F (5°C) | 99°F (37°C) | 114°F (45.3°C) |
| pH | 4.8 | 7.8-8.6 | 11 |
| a _w | 0.94 | 0.98 | 0.996 (10% NaCl) |
| Other | Non-sporeformer, requires salt | | |
| Atmosphere | Facultative - grows with or without oxygen | | |

Sources: Seafood Hazards Guide 2011, ICMSF 1995 and Bad Bug Book 2nd edition

Vibrio Cholerae: currently 760,000 global illness/24,000 death per year
Current climate



Escobar LE et al.
Acta Tropica
2015;149:202-11

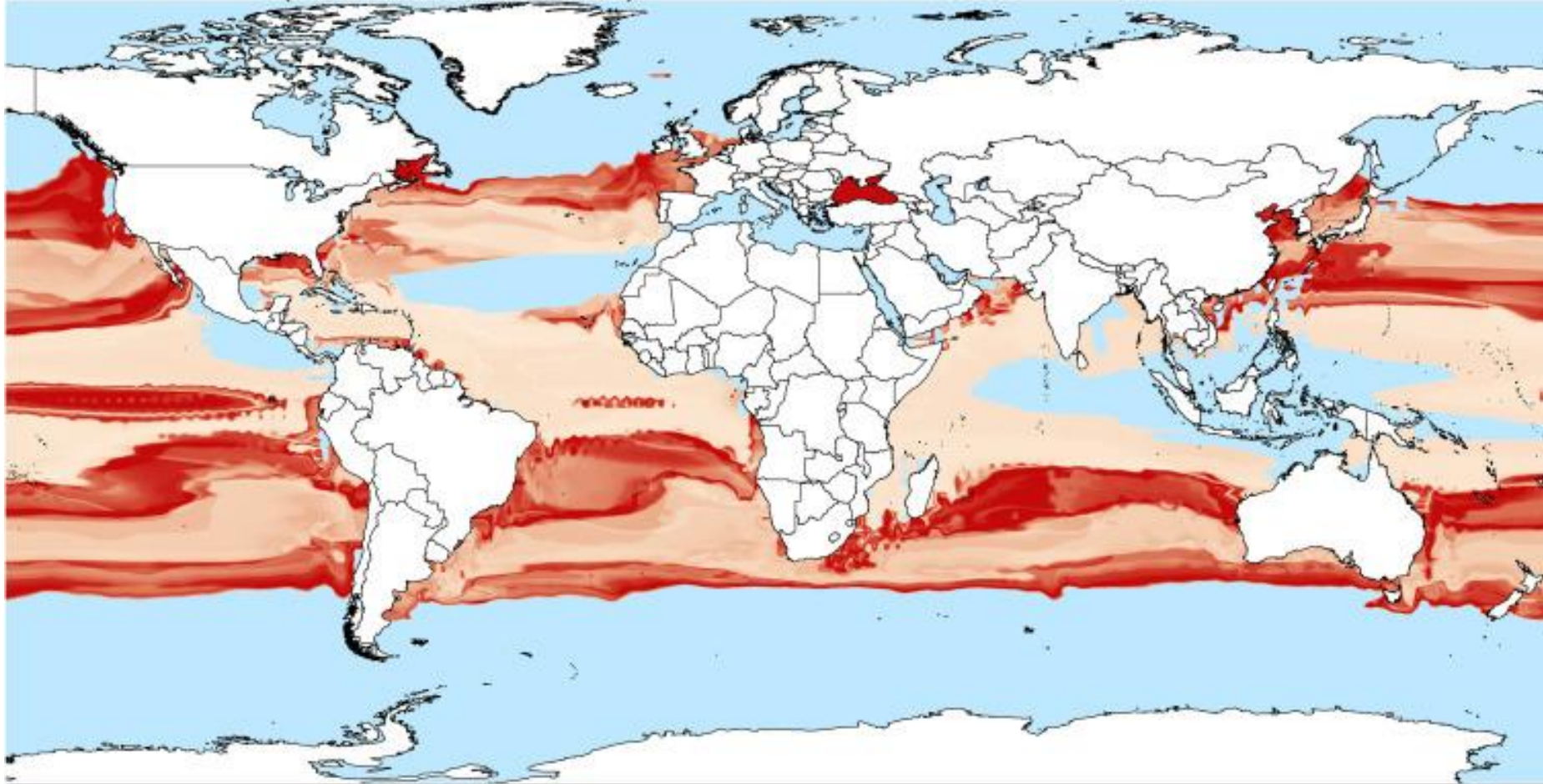


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The U.S. Government's Global Hunger & Food Security Initiative

Vibrio cholerae proliferation in sea water: Business-as-Usual Projection in 2100

Future climate (model transference)



*Escobar LE et al.
Acta Tropica
2015;149:202-11*



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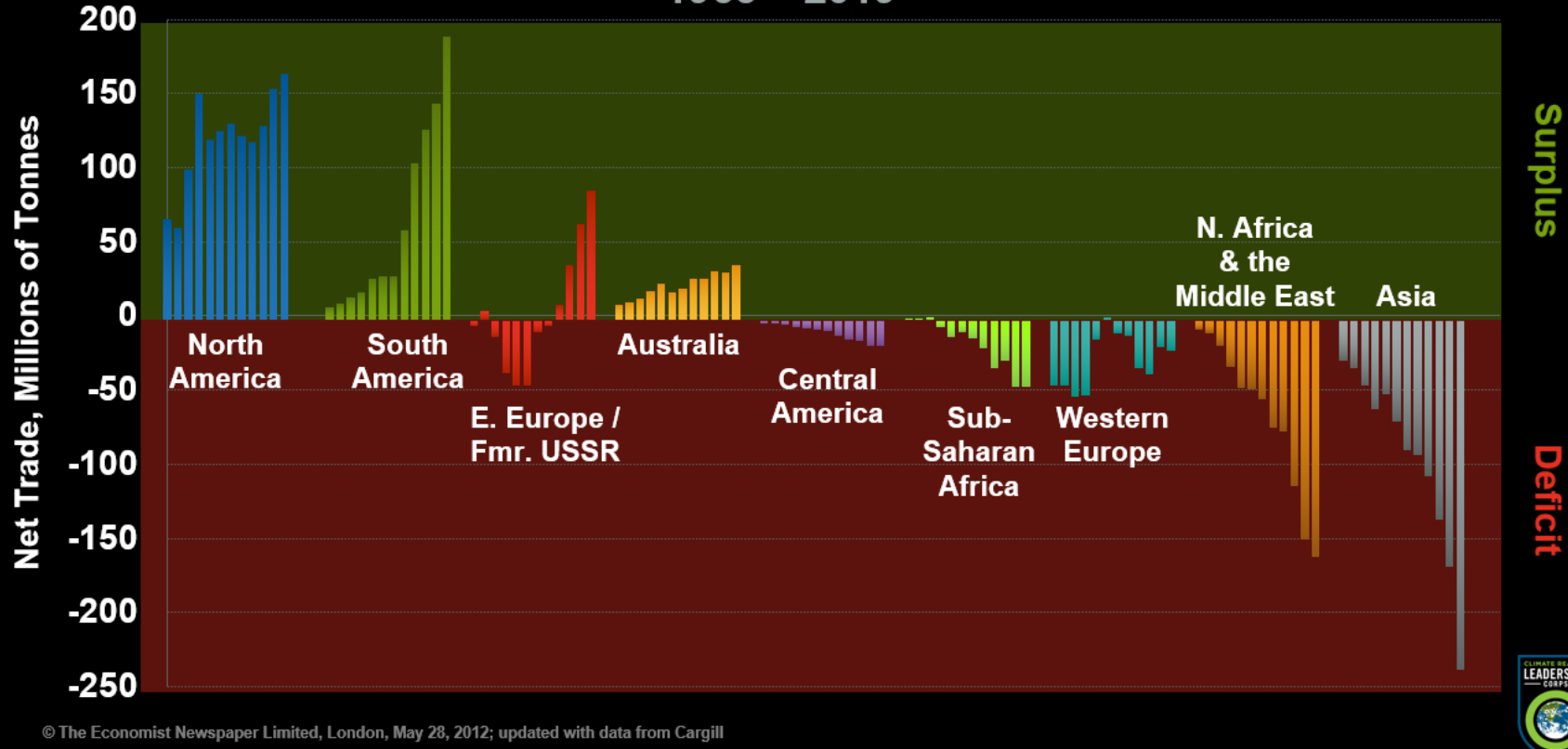


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Food Surpluses and Deficits

1965 – 2019



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Projected Yield Declines For Each 1° C of Warming

These four crops make up two thirds of human caloric intake.





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An estimated **60% of known infectious diseases** and up to **75% of new or emerging infectious diseases** are zoonotic in origin*



Data: S. Machalaba, WB Karesh, "Vector-borne Diseases: Animals and Patterns," *Forum on Microbial Threats*, National Academies of Sciences, Engineering and Medicine, 2016
Photo © 2018 Mohssen Assanimoghaddam/picture-alliance/dpa/AP Images

Tick-borne diseases affect up to 80% of the world's livestock, with a cost of up to \$19 billion per year.

*Source: <https://www.cdc.gov/onehealth/index.html> and * Salyer, 2017



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- **Mycotoxins (At 2°C increase, aflatoxin, North America and Europe).**
 - **Aflatoxins:** Peanuts, dried corn (maize), **tree nuts, certain spices**
 - **Ochratoxin A:** Coffee, raisins, wine, cereal grains, certain spices
 - **Patulin:** Fruits (apple and apple juice)
- Attraction of **pests, plant diseases, weeds**
- Changes in **pesticide use pattern is likely**
- Survival and **proliferation of the pathogen** (*e.g. Salmonella* serovars)
- **Antibiotic use and antibiotic residue**
- Changes in **migration pathways** (*e.g. for avian influenza*)
- Changes in **carriers and vectors** (*e.g. Zika virus*)
- Changes in **natural ecosystem**
- **Phycotoxins**



 **microorganisms** 

Editorial
The Threat of Antibiotic Resistance in Changing Climate

Aliyar Cyrus Fouladkhah ^{1,*}, Brian Thompson ² and Janey Smith Camp ³


¹ Public Health Microbiology Laboratory, Tennessee State University, Nashville, TN 37209, USA
² School of Public Health, Yale University, 60 College St, New Haven, CT 06510, USA; brian.thompson@yale.edu
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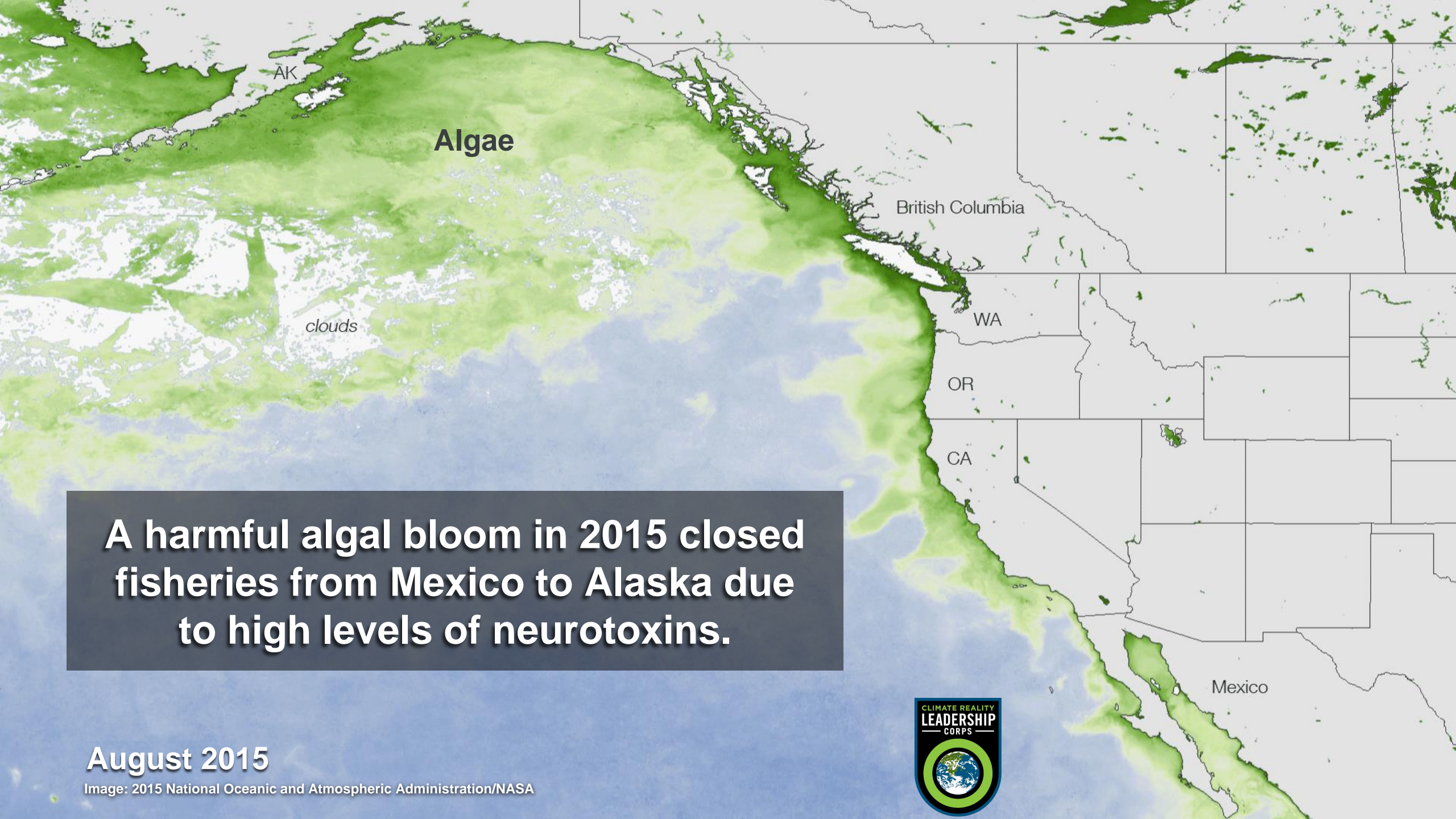
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As the earliest form in environmental conditions, biofilm communities, and its affiliation to various bacteria.

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A harmful algal bloom in 2015 closed fisheries from Mexico to Alaska due to high levels of neurotoxins.

August 2015

Image: 2015 National Oceanic and Atmospheric Administration/NASA





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Biology | Aliyar Fouladkhah

Changing climate

A 'threat multiplier' for foodborne and waterborne infectious diseases and antibiotic resistance

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According to the U.S. Centers for Disease Control and Prevention, achieving safe and healthier foods is one of the top ten achievements of 20th century public health. Despite the marked progress, considerable challenges remain to further assure the safety and security of food and water supplies, with one in six adults in the United States experiencing illness from foodborne pathogens in a typical year. Foodborne diseases cause an estimated 420,000 deaths worldwide each year. Furthermore, climate change is expected to enhance the spread of infectious diseases since changes in environmental temperatures appreciably augment the multiplication of bacterial pathogens.

The research group of Dr Aliyar Fouladkhah at Tennessee State University addresses these emerging and re-emerging challenges. His laboratory utilizes new technologies,

in Guatemala, Dominican Republic, and South Africa.

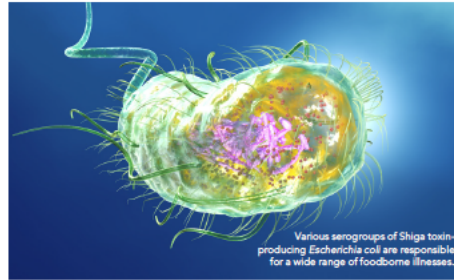
THE ROLE OF CLIMATE CHANGE

Microbial pathogens have an incredible ability to evolve and move towards 'fitness' in response to changes in their environment. Climate change will have pronounced effects on the proliferation, survival, and spread of microbial pathogens, and thus on the prevalence of foodborne and waterborne diseases. More than 200 diseases, known to be transmitted through contaminated food and water, may provide examples of the effects of climate change on the magnitude of infectious diseases. One example of this is salmonellosis, an infection caused by nontyphoidal *Salmonella enterica* serovars, which is currently responsible for over one million cases of foodborne illness in the United States in a typical year.

of these treatments is diminishing, with resistance in many of the common bacterial pathogens now categorised as a public health threat.

Dr Fouladkhah comments that, although there is a focus on identifying new classes of antibiotics, this strategy alone is not sufficient to alleviate the public health challenge of antibiotic resistance. He emphasises that a holistic 'one health' approach should be embraced, which includes limiting the use of current antibiotics to those individuals with dire need for antibiotic therapies and incorporating evidence-based stewardship programmes such as susceptibility testing and watchful waiting in hospitals. This also requires eliminating or minimising the prophylactic and sub-therapeutic use of antibiotics in animal husbandry as the spread of antibiotic resistance in animal populations could be very closely associated with human health complications. Additionally, continuing the search for new antibiotics and antimicrobials, implementing microbial hurdle validation studies in processing and manufacturing, and multi-agency efforts to mitigate climate change could assure the control of antibiotic resistance.

Ultimately, Dr Fouladkhah states that the "climate change-induced antibiotic resistance threat will affect citizens of countries with suboptimal public health



Various serogroups of Shiga toxin-producing *Escherichia coli* are responsible for a wide range of foodborne illnesses.

Climate change is one of the most significant public health challenges of our time and threatens the safety of our food and water supplies.

three bacteria of public health concern in waters of different temperatures (5, 25 and 37°C) and on stainless steel and rubber surfaces. They found that the bacteria included in the study could survive in surface water and form complex biofilms (a collection of microbes which stick to each other and the surface they live on) on abiotic surfaces, detectable for up to 28 days. These results suggest that the occurrence of contamination in water supplies can

do not receive any additional processing or treatment before consumption.

Various serogroups of *Escherichia coli* (*E. coli*) are among the top causes of foodborne illnesses, in particular O157 Shiga toxin-producing *E. coli* (STEC) and non-O157 Shiga toxin-producing *E. coli* (nSTEC). The majority of illnesses relating to these serogroups are derived from foodborne infections.



Outreach Article Available at:
<https://researchoutreach.org/articles/changing-climate-threat-multiplier-foodborne-waterborne-infectious-diseases-antibiotic-resistance/>



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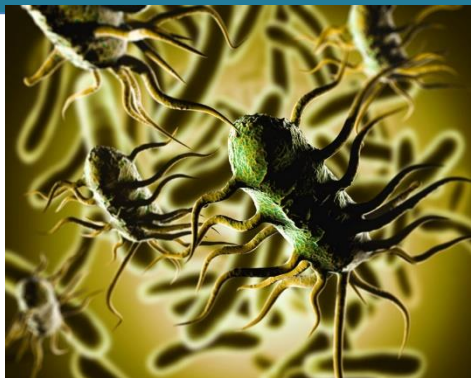


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Biology | Aliyar Fouladkhah

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researchoutreach.org website analysis

Changing climate: A 'threat multiplier' for foodborne and waterborne infectious diseases and antibiotic resistance

Aliyar Fouladkhah
Tennessee State University

<https://bit.ly/3600HB9>

Demographics

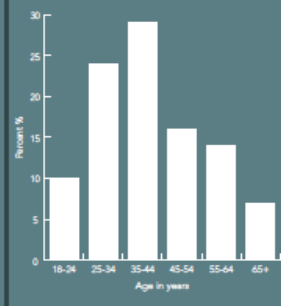


Male 49%

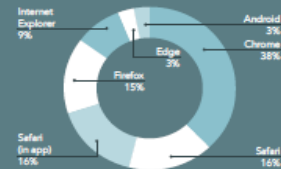


Female 51%

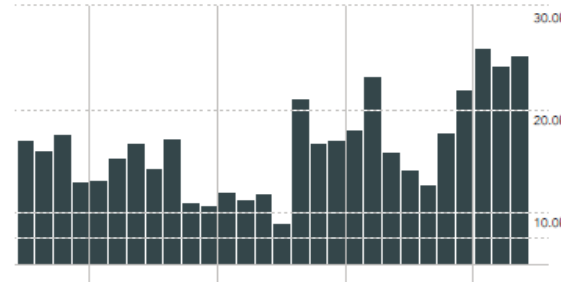
Age range



Browser stats



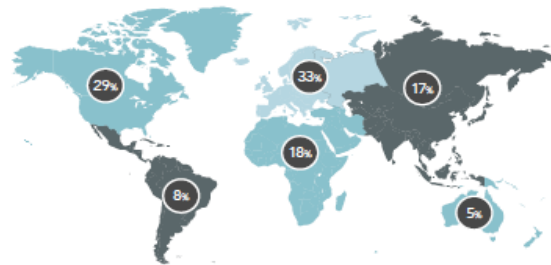
Number of visits for Research Outreach website



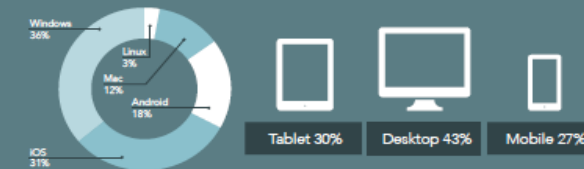
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| Total number of sessions | 99,204 |
| Total number of page views | 134,592 |
| Total number of users | 82,553 |
| Total number of pages/session | 2.92 |



Geographical location of web viewers



Platform and device stats



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Thank you!



Dr. Aliyar Cyrus Fouladkhah,
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aliyar.fouladkhah@aya.yale.edu (life-time alumni account)
Phone: +1 (970) 690-7392
Website: <https://publichealthmicrobiology.education/>

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Thank you for photo slides:



Public Health Microbiology™
Foundation

Dr. Aliyar Cyrus Fouladkhah

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Ms. Kiyana E Kelly

- Director, 1890 Center of Excellence for Nutrition, Health, Wellness, and Quality of Life (COENHWQL)
- Southern University Ag Center

Enhancing Nutrition, Health, Wellness and Quality of Life through Integrative Approaches

“
**Let food be thy medicine
and medicine be thy food**
Hippocrates”



Presented by: Kiyana E. Kelly

08/29/2024

Photo credit: Online

MISSION

The 1890 Center of Excellence for Nutrition, Health, Wellness, and Quality of Life (NHWQL) seeks to support the triple land-grant's mission of research, teaching, and extension to contribute solutions to improve the health and well-being of underserved and minority populations.



INTRODUCTION

- African Americans (AAs) remain the least healthy ethnic group in the USA.
- Diet is a key contributor to disparities in many chronic diseases and conditions.
- AA communities have trusted 1890 institutions for more than a century.
- Therefore, 1890 institutions can play important roles in assisting AAs to combat diet-related disparities, especially obesity and its related chronic diseases.
- Louisiana, North Carolina, and Alabama are among the top 10 most obese states in non-Hispanic black adults. Obesity is a common, serious, and costly disease (approximately \$147 billion annually).



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THE 1890 CENTER OF EXCELLENCE GOALS



RESEARCH

To enhance the research capacity at 1890 institutions focusing on food intake and nutritional/health outcomes.



TEACHING

To strengthen and advance innovative food and nutrition educational and instructional strategies for students at 1890 institutions.



EXTENSION

To provide training and education to underrepresented communities through multi-state food and innovative nutrition outreach programs.



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SOUTHERN UNIVERSITY

Objective: To expose students to the best educational and leadership opportunities within the field of nutrition, health, wellness and quality of life.



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SOUTHERN UNIVERSITY

SU Together: Move More, Eat Better

SU Together: Move More, Eat Better is a nutrition and physical fitness program designed to assist African-American men and women in their journey to live their best most healthy lives.

SU TOGETHER:
MOVE MORE, EAT BETTER
Come cook with us on Thursdays!

| | | |
|--|---|---|
| STRAWBERRY SMOOTHIE FEB. 1 ST | HEALTHY JAMBALAYA FEB. 15 TH | HEALTHY GUMBO FEB. 29 TH |
| SOUTHWEST CHICKEN SALAD MAR. 7 TH | BUFFALO CAULIFLOWER TACOS MAR. 28 TH | CAVA BOWL APR. 11 TH |

4:15 PM - 5:30 PM | Pinkie Thrift's Teaching Lab - Room 157
If you would like to participate in these classes, please RSVP via email to:
brittany_howard@sugcenter.com
evan_egana@sugcenter.com

LINKING CITIZENS - *Living* - OPPORTUNITIES - *Success!*
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SU TOGETHER: MOVE MORE, EAT BETTER



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SOUTHERN UNIVERSITY GARDENS & GREEN SPACES

- Plainview Church
- Westdale Middle School
- Southern University Lab School
- Pinkie E. Thrift Hall
- Exxon Mobil YMCA
- Northeast High School – Fall 2024
- J.W. Fisher Hall – Fall 2024
- Faith-based organization – Fall 2024



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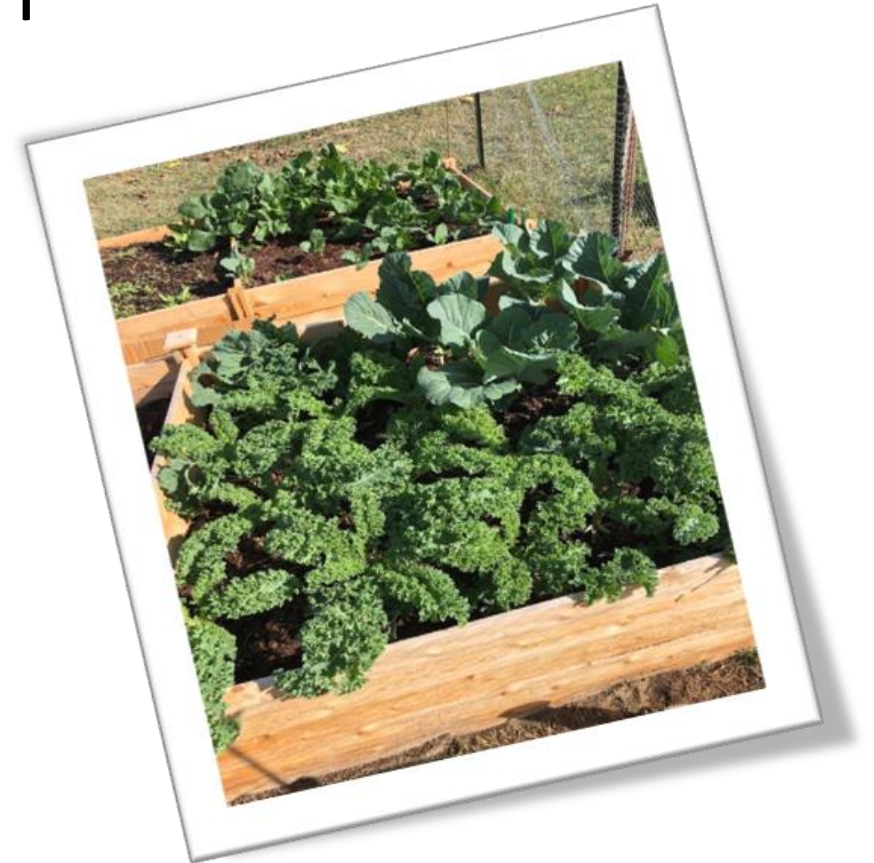


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TUSKEGEE UNIVERSITY

Objective: Create the platform and opportunity for Southern, NCA&T and Tuskegee to work collaboratively to strengthen each institution's existing nutrition education programs.

- Make Fruits and Vegetables Available to ALL
- Serves 8 out 15 Blackbelt Counties



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TUSKEGEE UNIVERSITY



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NORTH CAROLINA A&T

Objective: To conduct innovative research in the areas of food, nutrition, health and wellbeing



*Please scan QR code to
watch students prepare
samples.*



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NORTH CAROLINA A&T

What Does Your Gut Say About You?
VOLUNTEERS NEEDED!!

WE WOULD LIKE TO INVITE YOU TO PARTICIPATE IN OUR RESEARCH STUDY!
COOPERATING PARTICIPANTS WILL RECEIVE \$75 AT THE END OF THE STUDY

WHAT WE'RE INVESTIGATING:

- HOW FOOD PLAYS AN IMPORTANT PART IN OUR HEALTH
- HOW THE FOOD IS BROKEN DOWN AFTER BEING EATEN

YOU MAY QUALIFY IF:

- YOUR BMI IS BETWEEN 20-25 OR 30-40
- AGE: 18-60
- MALE AND FEMALE VOLUNTEERS
- RESIDING IN OR AROUND BATON ROUGE AREA
- AFRICAN AND CAUCASIAN AMERICAN DESCENT

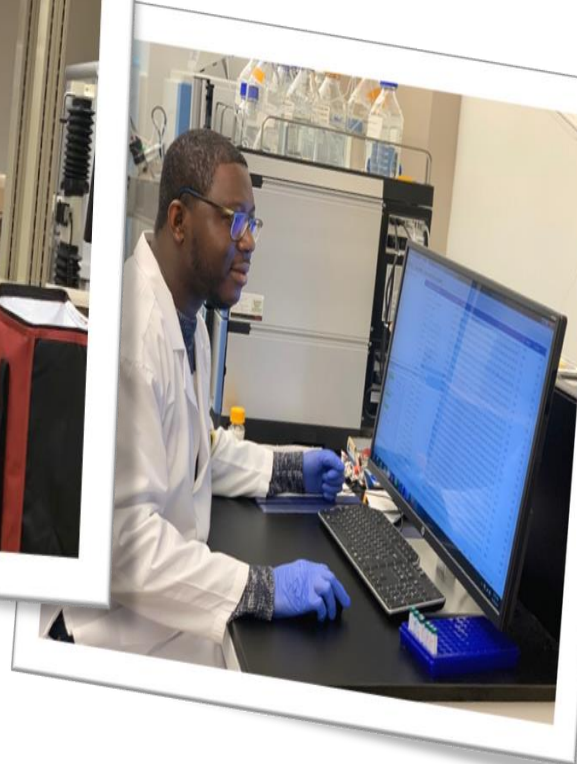
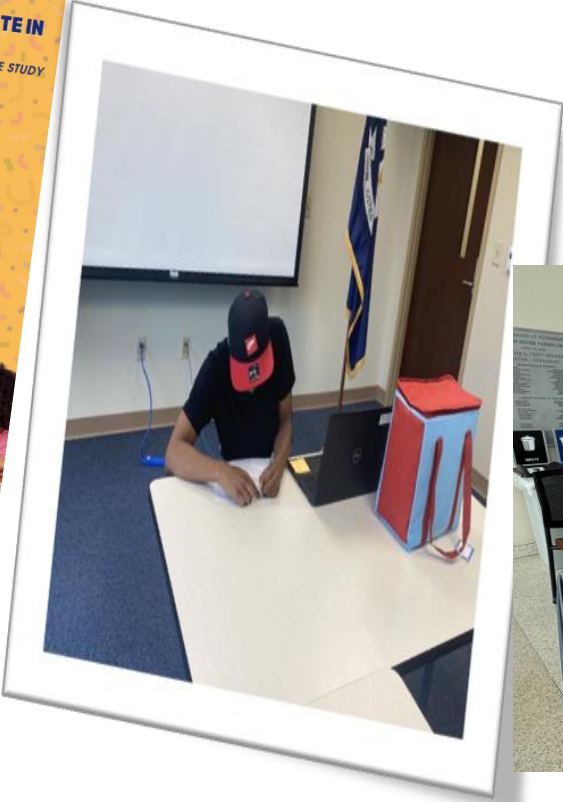
PARTICIPATION INVOLVES:

- COMPLETE A 5-DAY FOOD DIARY
- ONE STOOL SAMPLE COLLECTION

For inquiries and concerns, please contact **Brittany Howard**
brittany_howard@suagcenter.com

SCAN CODE TO COMPLETE THE SURVEY





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1890 UNIVERSITIES FOUNDATION

- The 1890 Universities Foundation welcomes the participation of 1890 Universities who benefit from the Foundation's fund development activities in publicizing financial awards to support Centers of Excellence and other program initiatives.
- Pilot project program for faculty at all 1890 institutions.



ALABAMA
A&M
UNIVERSITY



Lincoln University
LEARN. LIBERATE. LEAD.



TENNESSEE
STATE UNIVERSITY



Delaware State
University



LANGSTON UNIVERSITY



WEST VIRGINIA STATE
UNIVERSITY



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CENTER OF EXCELLENCE IMPACTS

2021-2022

Teaching

- 9 Student Scholars
- 5 Virtual Seminar Series
- Research
- Compare 16 lean and 16 obese participants

Extension

- 10 SU Together: Move More, Eat Better classes

Publications

- 4 Road Map to Health Newsletters
- Funded Pilot Projects
- 4 pilot projects were funded

2022-2023

Teaching

- 9 Student Scholars
- 11 Virtual Seminar Series
- 1 COE Symposium
- Attended 5 conferences to present on behalf of COE
- 39 students total

Research

- 97 samples collected
- 80 samples were analyzed

Extension

- 24 SU Together: Move More, Eat Better classes
- 56 garden classes servicing 9 counties/parishes
- 11 health fairs/resource/table displays

Publications

- 1 Road Map to Health Newsletter

Funded Pilot Projects

- 4 pilot projects were funded

CENTER OF EXCELLENCE IMPACTS

2023- Present

Teaching

9 Student Scholars

14 Virtual Seminar Series

Attended 1 conference to present on behalf of COE

Research

97 samples collected

80 samples were analyzed

Extension

- 18 SU Together: Move More, Eat Better classes
- 64 garden classes servicing 9 counties/parishes
- 23 health fairs/resource/table displays

Publications

- 4 Road Map to Health Newsletter

Funded Pilot Projects

- 4 pilot projects were funded and more to be announced



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REPLICABLE PROGRAMMING

Pinkie Thrift STUDY ROOM RENOVATION!

STUDENTS, we are planning on renovating the study room in Pinkie Thrift. Would you like to participate in a survey to collect feedback on changes that you would like to see? If so, scan the QR code on the right to participate in the survey.

FOR MORE INFO, CONTACT:
 Brittany Howard: Brittany.Howard@suagcenter.com
 Kiyana Kelly: Kiyana_Kelly@suagcenter.com

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The 1890 Center of Excellence for Nutrition, Health, Wellness and Quality of Life

PRESENTS



EXCELLENCE EXCHANGE Lunch & Learn

Join us for a work-life wellness lunch and learn that will include tips on how to stay physically active throughout the day. Participants will also be able to receive a chicken Caesar salad wrap and be entered for a drawing for giveaways.

PINKIE E. THRIFT HALL ROOM #10
MONDAY, JULY 22ND
 11 AM - 12 PM
 12 PM - 1 PM

SU STAFF REGISTER HERE TO SELECT YOUR SESSION

For more info, contact:
 Brittany_Howard@suagcenter.com
 Kiyana_Kelly@suagcenter.com

THE CENTER OF EXCELLENCE & JAGFRESH FARMERS MARKET PRESENTS

JAGRI Fest

WEDNESDAY August 21st
FISHER HALL LAWN

Join us for a Back-to-School event which will include food for the first 100 students that are registered!

Health Screenings
Obstacle course and tleyball games
Farmers Market

For more info, contact:
 Kiyana_kelly@suagcenter.com | Brittany_howard@suagcenter.com

SU TOGETHER: MOVE MORE, EAT BETTER

Come cook and exercise with us this Fall on Thursdays!

- SEPT. 6TH**
FOOD: FRUIT ROLL-UPS
FITNESS: GAUX RIDE
- SEPT. 19TH**
FOOD: SALMON TACOS & CAULIFLOWER CHICKPEA TACOS with MANGO SALSA
FITNESS: XTREME FITNESS: PILATES
- OCT. 3RD**
FOOD: VEGGIE FRIED RICE
FITNESS: LINE DANCING
- OCT. 17TH**
FOOD: QUINOA PROTEIN BOWL (Vegetarian Option)
FITNESS: YOGA
- OCT. 31ST**
FOOD: GREEN MONSTER SMOOTHIE (Dairy Free Option)
FITNESS: KICKBOXING
- NOV. 14TH**
FOOD: SU THANKSGIVING

4:15 PM - 5:30 PM | Pinkie Thrift's Teaching Lab - Room 157
If you would like to participate in these classes, please RSVP via email to: brittany_howard@suagcenter.com or evan_egana@suagcenter.com

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See Me. Hear Me. Know Me.

TEEN PERCEPTIONS

of How Living in a Rural Community Influences Their Diet and Physical Activity Choices

VIRTUAL WEBINAR

THURSDAY, SEPTEMBER 19 | 11:30 AM - 12:30 PM (GST)

USDA

GUEST SPEAKER:
Deborah Thompson, PhD, RD
 USDA/ARS Scientist/Nutritionist & Professor



Dr. RD is a Research Nutritionist and professor. Her research focuses on the promotion of healthy diet and physical activity behaviors. Much of Deborah's research is in the area of youth obesity and related diseases, such as type 2 diabetes, through the promotion of healthy diet and physical activity behaviors. Much of Deborah's research is in the area of youth obesity and related diseases, such as type 2 diabetes, through the promotion of healthy diet and physical activity behaviors. Much of Deborah's research is in the area of youth obesity and related diseases, such as type 2 diabetes, through the promotion of healthy diet and physical activity behaviors.

SU TOGETHER: SEAX AND SEW

WITH THE CENTER OF EXCELLENCE AND FAB LAB

Scan to Register!



Come learn basic sewing and alteration skills with us on Thursdays!

THURSDAYS, SEPT. 12TH & SEPT. 26TH
4:00 PM - 5:00 PM | Pinkie Thrift Apparel Construction Lab - Room 206

For more information, please contact:
kiyana_kelly@suagcenter.com or brittany_howard@suagcenter.com

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SNACKS SELF - CARE TIPS

For a Stress Free Mid-Term Week

Wednesday, March 20th
Thursday, March 21st
 10am to 12pm
 Pinkie Thrift Hall Lobby



GERALD J. AND DOROTHY R. Friedman School of Nutrition Science and Policy

ACKNOWLEDGEMENTS

In closing, we are very grateful to USDA/NIFA for providing the funds for our team to continue the work under the Center of Excellence for Nutrition, Health, Wellness, and Quality of Life. We are bringing other 1890 universities on board. We are anticipating connecting with Farmers, Food industries, big chain supermarket foundations (such as Walmart), medical society, politicians, and lawmakers and others so we can reduce and someday eradicate health disparities specifically among African Americans and other minorities not only in the Southern Region but also in the Nation.



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LET'S CONNECT!

Instagram: [sucenterofexcellence](#)

Facebook: Center of Excellence for Nutrition, Health,
Wellness and Quality of Life

Webpage: www.suagcenter.com

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The U.S. Government's Global Hunger & Food Security Initiative

Q&A



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